Did you know that Adventure Cycling is a membership-based nonprofit organization? From our advocacy work with state governments and national agencies to create safer roads, enhance public transportation access, and create the U.S. Bicycle Route System to our homegrown routes and cycling-specific maps of more than 50,000 miles, we work tirelessly to create an inclusive system of bicycle travel. None of this would be possible without the dedication of our members.

Participating on a Guided Tour supports the work that we do to make cycling better across the U.S. Our work as a nonprofit is one more reason to tour with Adventure Cycling. Join us today!

Adventure Cycling Guided Tours are designed by members, for members, and are an exclusive member benefit. We want to share the joy of bicycle travel with everyone, and that’s why if you’re not currently a member, you’ll receive a free one-year membership with your registration, giving you access to discounts and member-only benefits including our award-winning Adventure Cyclist magazine and access to great products from our Cyclosource store.

Our members keep the adventure alive!

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Adventure is Calling

Our bike travel community is amazing. In 2022, excitement for travel was at an all-time high, and we ran more than 100 tours throughout the United States and Canada. Our members — you — whether new to Adventure Cycling or celebrating decades of bike travel with us, came out in droves to support our organization and experience bike travel with our community. Thank you!

We’ve been in the bike touring game since Bikecentennial in 1976, and our more than 40 years of experience is something we want to share. Our goals have always been the same: to facilitate and support bike travel and the transformative journeys it brings about. In 2023, you’ll be able to find a tour that fills your wanderlust, whether it is a long weekend getaway or multi-month excursion. Through our variety of itineraries and support levels you’ll see that the sense of community and belonging is always present.

When you register for an Adventure Cycling Guided Tour, you’re doing more than signing up for a great adventure — you are providing funds to support our work to inspire, empower, and connect people to travel by bike through our advocacy work, route creation, and other programs that create a larger, more inclusive community of adventure cyclists.

Bike travel is an experience worth sharing, and we can’t wait to share it with you! If you’ve traveled with us before, let’s add a page to the photo album and create more memories on another adventure. If you’re looking to travel with us for the first time, we’re excited to share our passion with you and welcome you to our ever-growing family.

We hope that the images and descriptions throughout this book get you excited about bike travel in 2023, and be sure to visit our website at adventurecycling.org/toursbook for even more touring inspiration!
“I enjoy very much that I am able to do my own thing, go my own pace, and enjoy my day in whatever way I choose.”
- Terrance

EPIC
The Trip of a Lifetime
This year, you’re going for it — the big, cross-country bike journey. Make the commitment. When all’s said and done, you’ll have nothing to regret and a lifetime’s worth of stories. We’re talking about a 28- to 93-day, self-contained or van-supported adventure, an Adventure Cycling epic tour. Since 1976, we’ve made people’s dreams a reality. A small team with a qualified leader, shared gear, and one goal can make dreams come true. This is your year to grab your bike and go on an epic adventure!

FULLY SUPPORTED
Eat. Sleep. Ride!
Do you prefer to ride gear-free so you have more energy for exploring? Then Adventure Cycling’s fully supported tours might be the right option for you! Our fully supported trips are event-style rides with 20–60 riders featuring luggage support and three catered meals per day prepared by our famous catering crews. We also provide a mechanic for your peace of mind. All you have to do is ride your bicycle and pitch your tent. (We even offer indoor options if camping isn’t your thing!)

FAMILY ADVENTURE
Tours for the Whole Family
Reveal your inner kid! A cycling vacation is one of the best bonding activities that family members can experience. Family adventure tours include all the amenities offered on our fully supported trips and include opportunities for off-bike activities! It’s incredible to see the bonding among families and the youth on these events, which we consider the best kind of family getaway — a bike tour! Make it a family reunion you’ll never forget.

SELF CONTAINED
Our Classic Tours
These “do-it-on-your-own-terms” tours feature small groups of up to 14 riders. Participants carry their own gear without vehicle support, share cooking duties, and camp for the vast majority of overnights, with roughly one indoor night per 10 riding days. Cycling alone or in small clusters allows for intimate interactions with nature and the small communities we visit. Join us on a self-contained tour from four to 93 days.
Your Experience, Your Way

On an Adventure Cycling Guided Tour, you have a choice of support levels to make your adventure memorable. From camping-based self-contained tours in which you carry everything you need with you, to fully supported events that have luggage support and catered meals, and even tours where you stay exclusively indoors, we have the support you’re looking for. Adventure Cycling has been providing unique experiences for riders of all abilities for more than 40 years.

Our tours highlight some of the best of the U.S. and Canada in a way that can only be experienced by bicycle travel. You’ll take in some of the most spectacular scenery in North America including quaint New England towns and quiet farm roads, remote gravel along the Great Divide Mountain Bike Route, the majestic deserts of the Southwest, and the diverse ecosystems of the Pacific Northwest. With paved and gravel roads, singletrack, and an expanding number of tours with access to bike trails, you’ll find the tour that is right for you.

Immerse yourself in tour descriptions, detailed itineraries, route overview maps, and testimonials on our website to find the adventure that inspires you. If you have questions, Adventure Cycling staff will be glad to discuss your options and help your dream cycling tour become reality.

### VAN SUPPORTED
Touring with Gear Support
You want fun, good food, lightweight riding, and other like-minded people to share the road? Then consider one of our popular van-supported tours. These tours offer all the thrills of a self-contained tour: a group up to 13 riders, camping, and shared group cooking. You’ll leave camp only with what you need for the day, free to explore the route, arriving to camp to meet your gear and spend the night under the stars. Two experienced leaders and a group of new friends will make your tour one to remember.

### INN TO INN
Indoor Lodging and Dining
Itching to experience a self-contained adventure, but your busy schedule gets in the way? Like the idea of carrying your own gear, but prefer to stay indoors and explore local food? Our inn-to-inn tours are for you! Ranging from 4 to 12 days in length, our inn-to-inn tours feature a small group of riders. Each night, you’ll rest in a bed and enjoy dinner and breakfast at local restaurants. Carrying just your clothes and personal items, you’ll enjoy exploring each day and reminiscing about the day’s adventures each evening.

### EDUCATIONAL
Learn and Ride
Not sure you’re ready to take the leap into full-on independent touring, or would like a refresher before your next adventure? Our Intro to Road Touring and Intro to Gravel Touring and Bikepacking courses help you break down the basics and will get you ready to explore. On these six-day tours, we combine riding and learning in a practical way to get you the information, skills, and confidence you need to become a bike travel expert. We start with in-person classroom work before learning by doing as we set out as a group on a self-contained tour.

### LONG WEEKEND
Bite Sized Adventure
An adventure of a lifetime doesn’t always have to last for weeks. Sometimes getting away for a few days will satisfy your need for exploration, or it might even rejuvenate you into planning that other trip you had put to the side. If you’re new to bicycle travel, a long-weekend getaway can help you test the waters and fine-tune your travel style. No matter what you’re looking for, our suite of four-day adventures will take you there.
Difficulty Levels

When deciding on your tour, it’s important to keep in mind that our difficulty ratings are relative to the trips that we offer. When choosing a tour, you should assess the tour’s difficulty rating and compare that to your experience, abilities, and the amount of challenge you want in your tour.

On our trips, every participant rides at their own pace, so you’ll generally have all day to complete the distance. Slower riders (or those planning on lots of photo ops!) can plan to leave earlier in the morning while those opting to zip through the miles may linger over coffee. Typically, folks who ride at a similar pace end up as riding buddies sharing each day’s journey. Although our supported tours are accompanied by vehicles that are available for your use should you find the going too tough, you should come prepared to complete each day’s ride.

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>MILES (average per day)</th>
<th>TERRAIN</th>
<th>ELEVATION GAIN (average feet per day)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>35</td>
<td>gentle with occasional rolling hills</td>
<td>less than 1,500</td>
</tr>
<tr>
<td>2</td>
<td>35 to 45</td>
<td>rolling hills with occasional hilly sections</td>
<td>1,000–2,000 with a single day’s total not exceeding 3,000</td>
</tr>
<tr>
<td>3</td>
<td>35 to 60</td>
<td>hilly with some days very hilly</td>
<td>1,500–3,000 with a single day’s total not exceeding 4,000</td>
</tr>
<tr>
<td>4</td>
<td>45 to 60</td>
<td>very hilly with some mountainous days</td>
<td>2,500–4,500 with days possibly exceeding 4,500</td>
</tr>
<tr>
<td>5</td>
<td>50 to 75</td>
<td>mountainous with days that vary on Epic tours</td>
<td>2,000–5,000 with days possibly exceeding 5,000</td>
</tr>
</tbody>
</table>

Terrain

Gentle
Gentle terrain means mostly flat roads and trails and is considered a relaxed type of ride. These tours typically have around 1,000 feet of elevation gain per day or less, and the grade is typically 1–4%. (0–19 vertical feet/mile.)

Rolling Hills
Tours with rolling hills are those that have a bit more climbing in them, but the grades are still fairly relaxed. We’ll typically see climbing of less than 1,800 feet per day and venture into the 2–5% average for grade. (19–38 vertical feet/mile.)

Hilly
Hilly tours have a consistent up-and-down nature to them. A typical day will have you climbing (and descending) between 1,500 and 2,500 feet. Grades on these tours can vary, but will typically be between 2% and 6%. (38–63 vertical feet/mile.)

Very Hilly
Expect to climb and descend regularly each day. Daily climbing will average between 2,500 and 3,500 feet, and we’ll move into typical grades of 3% to 6%, with occasional climbs reaching over 8% (these are typically short lived). (50–75 vertical feet/mile.)
Some of our rides take place at high elevations, and others have significant cumulative elevation gains. If you are planning on joining us on a trip at higher elevations (>5,000’), the best way to prepare is to arrive at the starting point a few days early to acclimatize. The effects of high altitude cannot be predicted by factors such as age or physical condition. Trips that reach high elevations are noted on the tour itineraries at adventurecycling.org/toursbook.

**Trip Elevation**

- **Mountainous**: These tours average more than 3,500 feet of climbing each day and have spectacular descents to make it all worthwhile. Some tours may also be listed as mountainous if they regularly have steep grades over 8%. (75+ vertical feet/mile.)
- **Varies**: This label applies to tours with a variety of terrain. It is typically used for our Epic Tours, which cross so much distance that one terrain rating would be too generic.

“I loved meeting the challenges of a demanding ride and seeing Alaska by bike. I loved seeing the joy on the faces of my fellow cyclists, particularly those experiencing self-contained touring for the first time.”

- Sarah
Tour Leaders

Our Tour Leaders come from a wide variety of backgrounds, from teachers to business owners to medical professionals. What they all have in common is the passion for bicycle travel, the desire to share their knowledge, and the commitment to help others experience all the adventure and fun of a safe and well-organized tour. Here are some things past participants have said about our leaders, and you can visit our website at adventurecycling.org/guided-tours/tour-leaders to read more about them.

“The camaraderie and dynamic of our group and the tour leaders was fun and so wonderful. We had such a blast exploring the gravel/dirt roads and trails for the first time. We loved that!”

– Michelle and Joe
Bikes and Gear

We strongly believe in riding the bike that you have. From touring to racing bikes, recumbents to mountain bikes, and even tandems, trikes, and triples, almost every type of bicycle has been used on our tours. While some of our tours restrict the type of bike you can bring based on the terrain or logistics, we encourage you to ride the bike you’re comfortable with. And be sure to come prepared with the extra tubes and tools you’ll need for those minor on-the-road repairs.

For safety and comfort, we strongly recommend higher-volume tires for paved road trips — at least 700c x 32mm. For our off-road and mixed-surface tours, we suggest a mountain, hybrid, or gravel bike and a slightly more aggressive tire tread — 2.0in. wide or more. On technical terrain, a mountain bike equipped to handle rough singletrack is necessary.

If you have questions about the suitability of your bike, visit the tour-specific page on our website or reach out to us for more information. If bringing your own bike isn’t possible, ask us if renting a bike through a local bike shop is an option.

In addition to your bike, you’ll need a variety of equipment for your tour. From camping gear to cycling clothes, and panniers or a trailer to carry your stuff, having the right gear will make the tour even more enjoyable. Packing lists are available in our Before You Go booklets, which can be found on our FAQs page under Level of Service. You can find many things you need on our Cyclosource store — visit adventurecycling.org/store for great gear!

Considering an eBike? Class 1 eBikes (pedal assisted to a max of 20 mph and do not have a throttle) are allowed on most of our fully supported and inn-to-inn tours. Class 2 or Class 3 eBikes are not allowed on any of our tours. We don’t allow any type of eBike on our van-supported, educational, or self-contained tours due to the lack of overnight charging stations, mechanical assistance, and/or SAG vehicles on the road. Tours that allow eBikes are marked with the “eBike friendly” icon.

“I cannot state more emphatically my appreciation for the tour leaders, Jerry and Doug. They simply did an outstanding job with every aspect of the tour.”
- David

“What a great pair of leaders! Kelly and Johnny complemented each other so well and helped create such a caring group atmosphere from day one. Even though the trip was only a week, it felt like we’d known each other for years!”
- Brandi

“I give it a 10-10-10 rating for scenery, support, and quality of tour leaders.”
- Kevin

“Our tour leader was great: knowledgeable, resourceful, inventive, and flexible. What more could you ask for?”
- Terry
Florida Keys

Van Supported | Jan. 14 - 23; Jan. 28 - Feb. 6 | Ft. Myers, FL

Escape the frigid confines of winter this year with a warm, mellow tour in the Sunshine State, and let our van do the heavy lifting! This ride showcases the best of South Florida along one of Adventure Cycling’s finest routes.

You’ll start in Fort Myers, see the modern quaintness of Naples, and enjoy the down-home quirkiness of Everglades City. From there, prepare to be enamored with the majestic swamplands as we ride the Tamiami Trail Road to be enveloped in Big Cypress National Preserve. Not long after that, you’ll find yourselves spanning Florida’s longest bridges hopping from key to key until your soul reaches full Parrothead for a celebration in Key West. A sunset ferry ride back to Fort Myers will close out this glorious loop of all the diverse adventure South Florida has to offer.

- 10 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 2
- Paved Surface
- Price: $2,749

Hawaii 3 Island

Inn to Inn | Feb. 17 - 28 | Kahului, HI

Maui, Molokai, and Lanai, three of Hawaii’s most beautiful islands and the setting for an unrivaled bicycle travel adventure. On Maui, we’ll ride along stunning coastal roads and make an epic climb from sea level to the top of the Haleakala volcano at 10,000 feet — the world’s longest paved climb! A small plane will take us and our bikes on the short 15-minute flight to Molokai for three days of unrivaled cycling on quiet roads with views of gorgeous valleys and the world’s tallest sea cliffs. A ferry will then take us out on the ocean, past migrating humpback whales, on our way to Lanai for a day of exploration by bike or shuttle van, or with snorkel and fins, before returning to Maui.

This unique tour features a ferry and a small plane to bring together these three Hawaiian islands into a single bicycle tour. Our inn-to-inn format enables us to enjoy restaurant meals, overnight accommodations at unique hotels and inns, and riding lightly loaded bikes as we experience breathtaking roads in a tropical paradise. This is truly adventure cycling!

- 12 Days
- Indoor (Inn to Inn)
- Indoor Dining
- Difficulty: Level 4
- Paved/Gravel
- Price: $6,699

Patagonia AZ Gravel - Spring

Van Supported | Feb. 25 - 28; March 2 - 5 | Patagonia, AZ

Some of the best spring and fall gravel riding in the U.S. can be found outside southern Arizona’s small, eclectic town of Patagonia. This gravel paradise is 60 miles south of Tucson and sits at an elevation of 4,000 feet between the Santa Rita and Patagonia Mountains.

We’ll experience miles of gravel riding in the Coronado National Forest, through the rolling plain of the San Rafael Valley to the hidden gem of Parker Canyon Lake. Our route continues west past the border town of Lochiel before heading on the northern gravel roads to Patagonia Lake State Park. For birding enthusiasts, the Patagonia area is also known for world-class birding, as more than 300 bird species migrate, nest, and live in this Sky Islands area.

- 4 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 4
- Gravel Surface
- Price: $1,099

Details at: adventurecycling.org/toursbook, or call 800.611.8687
Leadership Training - Arizona

Educational | Feb. 27 - March 2 | Tucson, AZ

Adventure Cycling’s Leadership Training Course (LTC) is designed for experienced bicycle travelers who wish to learn our philosophy of leadership and how it applies to group travel. Participants spend four days with road-savvy leaders exploring the dynamics of outdoor leadership, group motivation, and conflict resolution. We also discuss bicycle repair, camping, food preparation, chore rotation, safety, and more.

Whether you wish to start your own tour company, lead club rides, seek new perspectives for your workplace, or hone personal leadership and relationship skills, your LTC experience will prove beneficial and help you discover what it takes to be an effective outdoor leader.

- 4 Days
- Camping
- Shared Cooking
- Paved Surface
- Difficulty: Level 1
- Price: $799

Southern Tier

Van Supported | March 5 - May 2 | San Diego, CA - St. Augustine, FL

Prepare for a southern-style, cross-country ride on our shortest, most accessible transcontinental trip. To make this tour even better, we’ll enjoy the relative luxury of having the Adventure Cycling van tote our gear to and from each overnight location as we pedal from the West Coast across deserts, over mountains, past prairies, beyond bayous, and through citrus groves, all the way to the East Coast. You’ll also enjoy starting this epic tour in one of America’s best beach cities, San Diego, and ending it in St. Augustine, America’s oldest continuously occupied European settlement.

Notable stopovers along this route, each with a unique set of diversions, include Phoenix, Austin, and New Orleans. In between there are many other great sights, sounds, cuisines, and cultures to experience.

- 59 Days
- Camping/Indoor
- Shared Cooking
- Paved Surface
- Difficulty: Level 5
- Price: $7,799

Death Valley

Van Supported | Feb. 25 - March 4; March 5 - 12 | Las Vegas, NV

Death Valley: land of extremes. A wonderful and mysterious place, this valley supports nearly 1,000 native plant species on only two inches of rain per year. At Badwater Basin, desert winds whisper through the valley floor 282 feet below sea level, and 15 miles west the towering 11,000-foot Telescope Peak remains shrouded in snow and ice until late spring.

Pedal past sand dunes, hot springs, canyons, rock formations, and an incredible variety of plant and animal life. We’ll explore the maze of wildly eroded and colorful badlands that are Death Valley, and we’ll retrace the route of the rugged ‘49ers and pioneers who arrived via ox-drawn wagons on the Old Spanish Trail to this special place in eastern California.

We’ll enjoy spectacularly clear nights and embrace desert solitude on this eight-day tour.

- 8 Days
- Camping/Indoor
- Shared Cooking
- Paved Surface
- Difficulty: Level 4
- Price: $1,899
Intro to Road Touring - Florida

Educational | April 8 - 13 | Tallahassee, FL

As the experts on self-contained bicycle travel, we’d like to share our knowledge by offering our Introduction to Road Touring (IRT) course. Two days of open-air, informal campground discussions will be followed by four days and three nights of field work where we’ll not only have a chance to learn more about the theories and skills specific to bicycle travel, but we’ll also apply all that we’ve learned in a practical way. We will travel and live as a group would on any Adventure Cycling self-contained tour: sharing meals, campsites, and friendship.

Note that you’ll need to come to this intro course with some cycling and camping skills as well as experience riding on paved and gravel surfaces. After finishing the course, you’ll be ready to hit the trail on a loaded tour, whether it’s a solo outing, a trip with friends, or another Adventure Cycling group tour. Upon completion, you will qualify for our Learn and Earn tour incentive!

• 6 Days
• Camping
• Difficulty: Level 2
• Price: $999

Natchez Trace

Van Supported | March 31 - April 8; April 9 - 17 | Nashville, TN

The Natchez Trace Parkway is one of the North American continent’s crown-jewel byways. We’re going to pedal every inch of this nearly continuous greenway linking the southern Appalachian foothills and the bluffs of the lower Mississippi River.

As we spin along the ribbon of road — the accompanying van hauling most of our gear — we’ll traverse forested ridges, coast along broad valleys, and slip through isolated hollows. We’ll ride in the tracks of pioneer mail couriers, bison, prehistoric peoples, Ohio River Valley boatmen, soldiers, and outlaws on the run. We’ll even pass through several Civil War sites, including the town that Grant said was “too beautiful to burn.”

No commercial traffic, no chasing hounds, no distracting billboards — just you, your bicycle, and some of the prettiest countryside in the South.

• 9 Days
• Camping/Indoor
• Shared Cooking
• Difficulty: Level 4
• Price: $1,999

Big Bend

Van Supported | April 1 - 10; April 8 - 17 | Ft. Davis, TX

This 10-day, van-supported trip explores the wild and picturesque terrain of the west Texas Big Bend region. A road rider’s dream come true, this tour offers low-traffic byways, an abundance of stunning scenery, and ample opportunities to discover the secrets of Big Bend National Park, the Chihuahuan Desert, the Davis and Chisos mountain ranges, and the Rio Grande Wild & Scenic River.

Our journey through this hidden gem of the Lone Star State will not be without its challenges — the landscapes are vast, quiet, and empty, with long stretches devoid of services. But we’ll make the most of the towns we do visit, taking time to explore Fort Davis, Alpine, Marathon, Terlingua Ghost Town, Presidio, and Marfa. You’re sure to return home with a bonanza of stories from your cycling adventure in Big Bend.

• 10 Days
• Camping/Indoor
• Shared Cooking
• Difficulty: Level 4
• Price: $2,399

Details: adventurecycling.org/toursbook, or call 800.611.8687
Texas Hill Country

If you’ve been led to believe the Lone Star State is pancake flat, our weeklong bike tour through the rolling Texas Hill Country will prove otherwise. This extremely popular cycling adventure begins and ends in New Braunfels, a small town deep in the heart of Hill Country. From there we’ll make our way on quiet farm and ranch roads through this region of Texas celebrated for its dazzling displays of spring wildflowers — most notably bluebonnets — that grow so thickly they sometimes appear to be distant lakes on the horizon. We’ll visit historic settlements including Blanco, Luckenbach, Fredericksburg, and Johnson City, riding along crystal-clear streams and oak-covered hills, and we’ll camp beside rivers with names that evoke the old Southwest (like Guadalupe and Pedernales). Along the way, we’ll sample Texas barbecue and Tex-Mex specialties.

- 7 Days
- Camping/Indoor options
- Catered Meals
- Difficulty: Level 4
- Paved Surface
- Price: $1,999

TransAm Westward

Thousands of cyclists have pedaled the 4,253-mile TransAmerica Trail and will tell you they captured a lifetime’s worth of memories along their tour. For many traveling cyclists who haven’t yet experienced the TransAm, it remains the holy grail of American bicycle tours. Starting in Virginia, you’ll pedal westward through rolling hills into the steeper climbs of Kentucky, Illinois, and Missouri. After the windswept plains of Kansas and eastern Colorado, the remainder of the journey is primarily through the Rocky Mountains. You and your fellow group members can make this trip a unique experience like no other. Daily tasks, including shopping and camp cooking, are also shared on a revolving basis. Each day, you’ll be free to ride at your own pace, shoot photos, chat with locals, and search out the best swimming hole in every state.

- 93 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 5
- Paved Surface
- Price: $6,799

TransVirginia Gravel

From the beautiful countryside of the Shenandoah Valley to Virginia’s loftiest vistas, the TransVirginia Route takes the road less traveled. The backroads, remote national forests, and two of Virginia’s most popular rail trails offer a variety of challenging climbs with diverse landscapes and communities and fascinating natural and historical sites.

We’ll be on gravel right away along cascading mountain streams lined with blooming rhododendrons. We’ll climb up to Mountain Lake where you can enjoy the mountaintop view from Wind Rock Overlook or visit the Mountain Lake Lodge, where the movie Dirty Dancing was filmed, then go back into the valley for a leisurely ride along the banks of the New River on the famous New River Trail. We’ll jump back into the mountains one more time before hitting a bucket list rail trial, the Virginia Creeper Trail, inducted to the Rail Trail Hall of Fame in 2014. An adventure this beautiful, diverse, and challenging can only be described as Epic.

- 7 Days
- Camping
- Shared Cooking
- Difficulty: Level 5
- Gravel Surface
- Price: $1,699
TransAm Express

Van Supported | May 12 - July 25 | Washington, DC - Florence, OR

We’re excited to once again offer a tour on the TransAm Express route, a different take on a classic route that should entice anyone who enjoys riding trail systems. While some cyclists believe pedaling across the country self-supported is the only way to go, others say, “Haul all that gear? No way.” If you’re among the latter group, you can ride pannier-free on this adventure across the U.S.!

This tour will include the full length of the C&O Canal Trail, Great Allegheny Passage, and Katy Trail with over 500 miles of car-free cycling for a different experience from the original TransAmerica Trail. From Washington, DC, we’ll pedal westward across the C&O and GAP trails, and later we’ll hop on the Katy Trail across Missouri. After crossing the windswept plains of the Midwest, we’ll get on the original TransAm route in northern Colorado, following the mountains all the way to the Pacific. Make this your summer for the bicycle adventure of a lifetime!

- 75 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 5
- Price: $8,799

Intro to Road Touring - Virginia

Educational | May 13 - 18 | Williamsburg, VA

As the experts on self-contained bicycle travel, we’d like to share our knowledge by offering our Introduction to Road Touring (IRT) course. Two days of open-air, informal campground discussions will be followed by a fun, four-day tour of the Williamsburg area, home to the Historic Triangle — with Jamestown and Yorktown — and Colonial Williamsburg, a living history museum. This short tour will give you the chance to experience live, in-the-field situations and provide the opportunity to test ride what you’ve learned in camp the first two days.

Note that you’ll need to come to this intro course with some cycling skills and experience under your belt. But after graduating, you’ll be ready to hit the road on a loaded tour, whether it’s a solo outing, a trip with friends, or another Adventure Cycling group tour! Upon completion, you will qualify for our Learn and Earn tour incentive!

- 6 Days
- Camping
- Shared Cooking
- Difficulty: Level 2
- Price: $999

Great Allegheny Passage

Van Supported | May 20 - 23; May 25 - 28 | Pittsburgh, PA

The Great Allegheny Passage connects riders with the hidden gems of Pennsylvania’s countryside, as well as its industrial past. Beginning where the “three rivers” meet in downtown Pittsburgh, the trail meanders alongside the Monongahela and out into the city’s industrial suburbs, once the nation’s top destination for coal and coke barons of the early 1900s. Explore the small “patch” towns that fueled the coal industry and ride on the old railroad bed that transported its materials. Pass through the “green tunnel” of Ohiopyle State Park, stand triumphant on the Eastern Continental Divide, straddle the Mason-Dixon Line, and enjoy a 28-mile downward coast (through three rail tunnels!) as you enter historic downtown Cumberland, Maryland.

All with no vehicular traffic! Enjoy 145 miles of history and natural beauty over the course of a four-day tour.

- 4 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 3
- Price: $1,279
C&O Canal/GAP Spring

This spring, you won’t need to worry about traffic as you ride your hybrid or mountain bike some 330 miles on hard-packed, gently graded gravel and dirt trails from the heart of the nation’s capital north to Pittsburgh, Pennsylvania.

We start in Washington, DC, where we’ll enjoy a quick tour of the many historic monuments before rolling through farmland and sun-dappled woods as our surroundings soon become more wild. There will be plenty of off-bike opportunities throughout the tour, from Appalachian day hikes to visiting Revolutionary and Civil War battle sites.

With stellar car-free riding and gentle grades, this is an ideal tour for the first-time, self-contained tourist or for the rider who wants to ease into the season.

- 9 Days
- Camping/Indoor
- Shared Cooking
- Gravel/Bike Trail
- Difficulty: Level 2
- Price: $1,599

Black Hills

“Majestic,” “striking,” and “otherworldly” are just some of the words used to describe the Black Hills of South Dakota, and you’ll see it all from your saddle as you cycle along lightly traveled roads and portions of the unforgettable Mickelson Trail, a 114-mile-long, gravel-surfaced rail trail.

Beginning and ending our adventure in Rapid City, we’ll visit the historic towns of Lead, Hot Springs, and Keystone, gateway to Mount Rushmore National Memorial, as well as Custer State Park. We’ll also see Crazy Horse Memorial, which, when finished, will dwarf Mount Rushmore, and Wind Cave National Park, one of the largest and most complex caves in the world. From breathtaking scenic vistas to rock-solid national memorials and state parks, you’ll get to experience it all on this fantastic loop ride.

- 7 Days
- Indoor (Inn to Inn)
- Indoor Dining
- Paved/Gravel/Bike Trail
- Difficulty: Level 4
- Price: $2,799

Blue Ridge Bliss - Virginia

A perennial favorite, our Blue Ridge Bliss tour includes a beautiful route through Shenandoah National Park. On this very special bicycle tour, you’ll explore 332 of the very best miles along the Blue Ridge Parkway and Skyline Drive, often called “America’s Favorite Drives” — they should be nicknamed “America’s Favorite Bike Tours!”

Among the most popular units of the National Park System, the Parkway and Drive twist and turn through a rural landscape of dark forests, sun-dappled fields, and mountain meadows surrounded by rustic split-rail fences. We’ll spin past historic farmsteads and lodges and through the many valleys known locally as “hollers,” all the while taking note of these roads’ fascinating engineering. Immerse yourself in Appalachia’s singular mix of flora and fauna and its unique and venerable mountain culture. Join us for Blue Ridge Bliss!

- 8 Days
- Camping, Indoor Options
- Catered Meals
- Paved Surface
- Difficulty: Level 5
- Price: $2,799
Utah Parks

Inn to Inn | June 3 - 10; June 11 - 18 | St. George, UT

This eight-day tour through the glorious red-rock country of southern Utah offers an irresistible mix for the traveler who enjoys riding self-supported but prefers to sleep indoors. The Utah Parks loop features unrivaled scenery, including the otherworldly shapes and shades of Zion National Park, the ghostly hoodoos carved out of the colorful Paunsaugunt Plateau in Bryce Canyon National Park, and the technicolor climbs and descents in Cedar Breaks National Monument. We’ll leave plenty of time to explore each of these geologic gems, both on and off the bike. As part of a small group of around a dozen participants, you’ll enjoy first-class leadership, restaurant meals, and a hot shower and warm bed at the end of each day. So come along for this Southwest adventure that blends the independence of self-supported touring with light loads and the comfort of indoor accommodations.

• 8 Days • Indoor Dining • Difficulty: Level 4 • Indoor (Inn to Inn) • Paved Surface • Price: $3,199

Acadia and Mt. Desert Island

Inn to Inn | June 3 - 6; June 8 - 11 | Bar Harbor, ME

Spend a long weekend exploring Maine’s only national park — Acadia! Over the course of the trip, we’ll circumnavigate Mount Desert Island, visit fantastic small towns like Southwest Harbor and Bar Harbor, and have the opportunity to ride the famous carriage roads built between 1913 and 1940 with support from John D. Rockefeller Jr. Finally, we’ll get the chance to ride our bikes to the summit of Cadillac Mountain! At the eastern edge of the state and rising to 1,529 feet, the first light to reach the U.S. touches this magical spot.

Best of all, we’ll be eating at restaurants and staying indoors every night, so all you’ll need to carry on your bike are your clothes and a lunch for the day. It’s a great way to tour for both beginners and experienced cyclists alike. This long weekend will leave you wanting to come back for more!

• 4 Days • Indoor Dining • Difficulty: Level 2 • Indoor (Inn to Inn) • Paved Surface • Price: $1,599

Great Lakes

Inn to Inn | June 3 - 13 | Petoskey, MI

Enjoy incredible scenery and some of the best riding you can imagine on this inn-to-inn adventure. You’ll enjoy great riding with minimal gear and the added luxury of a roof over your head and a warm bed each night. Coupled with the route’s moderate terrain and manageable daily distances, this trip makes an excellent choice for beginners or for those wishing to enjoy more time out of the saddle during their vacation.

After pedaling from Petoskey to the top of the Lower Peninsula, the Mackinac Bridge Authority’s shuttle service will take us to the other side of the world-famous bridge. Then we’ll proceed north toward the shore of Whitefish Bay, where the Edmund Fitzgerald would have landed if, in the immortal words of Canadian folk singer Gordon Lightfoot, “she’d put 15 more miles behind her.” We’ll put many more miles behind us each day on this stellar early summer ride.

• 11 Days • Indoor Dining • Difficulty: Level 2 • Indoor (Inn to Inn) • Paved Surface • Price: $3,599

Details at: adventurecycling.org/toursbook, or call 800.611.8687

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Are you itching to experience a self-contained adventure, but your busy schedule gets in the way? Do you like the idea of carrying your own gear, but you prefer to stay indoors and explore local food? Then Adventure Cycling’s inn-to-inn tours are for you! These tours are typically 4 to 12 days in length, and like our traditional self-contained trips, inn-to-inn tours feature a small group of riders, usually around 14 cyclists. Each night you will rest in a hotel or motel and enjoy dinner and breakfast at local restaurants. Carrying your own personal items and just enough clothes for the week, you’ll be free to spend each evening reminiscing about the day’s riding adventures.

Visit adventurecycling.org/inntoinn for more information.
Alaska Great Northern Adventure

Self Contained | June 4 - July 1 | Redmond, WA - Anchorage, AK

Why choose between a bike tour or a cruise through the Inside Passage to Alaska when you can have double the fun and double the adventure with this tour! After three days of cycling in the North Puget Sound region, we’ll board a ferry for a 2.5-day maritime adventure through the Inside Passage of coastal British Columbia, en route to Haines, Alaska. From Haines, we’ll climb up and over Chilkat Pass on a route used during the Klondike Gold Rush and then turn westward in Canada’s Yukon Territory and head for the Interior of Alaska, where we’ll explore Denali national and state parks and the towns of Fairbanks and Talkeetna, both rich in Alaska history. We’ll end our journey with a ride aboard the Alaska Railroad to Anchorage, capping off our connected tour of over 1,000 miles of spectacular cycling in Washington, British Columbia, the Yukon, and the Interior of Alaska.

- 28 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 4
- Paved/Gravel
- Price: $5,399

Ohio to Erie Trail

Inn to Inn | June 10 - 17 | Cincinnati, OH - Cleveland, OH

Welcome to the Ohio to Erie Trail (OTET), a scenic 326-mile trail linking the Ohio River in Cincinnati to Lake Erie in Cleveland. This Ohio statewide corridor of trails and on-road routes connect the south to the north, traversing four major cities, numerous quaint small towns, and miles of countryside. The entirety of the OTET is open to bike touring, with 83 percent of the trail on off-street trails made up of hard gravel or paved surfaces. Considerable portions of the OTET are through parks such as Little Miami State Park and at least 20 miles within Cuyahoga Valley National Park.

Our group will dip our back tires in the Ohio River under Cincinnati’s historic Roebling Suspension Bridge in Smale Park, and end by dipping our front tires in Lake Erie at Edgewater Park in Cleveland, hence the Ohio (river) to (lake) Erie Trail. This is the longest continuous bike path, also known as Ohio Bike Route 1, and is a trail meant to be enjoyed.

We’ll leave with a deep appreciation for the beauty and character of Ohio.

- 8 Days
- Indoor Dining
- Difficulty: Level 3
- Paved/Gravel/Bike Trail
- Price: $3,199

Intro to Road Touring - Wisconsin

Educational | June 11 - 16 | West Bend, WI

Two days of open-air, informal campground discussions — including the classic panniers vs. trailer debate — will be followed by a fun, four-day tour around the rural roads of America’s dairylands. We’ll spin by historic barns, old stone houses, and pioneer cemeteries. As you test ride what you’ve learned in camp, you’ll pedal Wisconsin’s ice age geologic past and explore Kettle Moraine Scenic Drive and the shores of Lake Michigan. The superb riding route features flat to rolling terrain including some steep climbs on quiet, paved country roads with small, rural communities.

Note that you’ll need to come to this intro course with some cycling skills and experience under your belt. But after graduating, you’ll be ready to hit the road on a loaded tour, whether it’s a solo outing, a trip with friends, or another Adventure Cycling group tour! Upon completion, you will qualify for our Learn and Earn tour incentive!

- 6 Days
- Camping
- Shared Cooking
- Difficulty: Level 2
- Paved Surface
- Price: $1,199

Details at: adventurecycling.org/toursbook or call 800.611.8687
New England Mountains and Coast

Van Supported | June 14 - 23 | Portland, ME

From the rocky Maine Coast to the rugged White Mountains, this trip has some of the best of New England. We’ll wind our way through Maine’s Lakes Region, including Sebago Lake, Maine’s deepest and second-largest body of freshwater, and into the White Mountains, home to Mount Washington, the highest peak in the northeastern U.S. at 6,288 feet. We’ll even spend a day at the base of the mountain with a chance to shuttle to the top, but beware — Mount Washington has some of the worst weather in the world!

We’ll end the trip by wending our way back to the Maine Coast, finishing with a nice sea breeze and views of classic New England lighthouses, including Portland Headlight, one of the most photographed lighthouses in the world. And we’ll have enjoyed riding unloaded bikes thanks to the handy Adventure Cycling van doing the heavy lifting. Join us on our New England Mountains and Coast adventure!

- 10 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 3
- Price: $2,349

Northern Tier

Van Supported | June 15 - Sept. 11 | Bar Harbor, ME - Bellingham, WA

The Northern Tier has been the location for great bike adventures for a quarter of a century, following a wonderfully diverse cross section of the North American continent. The coastal beginning and ending points of Bar Harbor, Maine, and Anacortes, Washington, receive approximately 50 inches of precipitation each year. The landforms, flora, and fauna change continually throughout this trip. You’ll experience the lovely, sun-dappled hardwood forests of New England, pedal through the glimmering lake country of the upper Midwest, and be intoxicated by the haunting, fern-rich rainforests of the western Cascades.

Enjoy the added ease of luggage support as you travel with a close-knit group of cyclists on this three-month adventure. Grab your bike and make this your year to ride across the Northern Tier!

- 89 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 5
- Price: $9,999

Denali Adventure

Self Contained | June 17 - July 1 | Anchorage, AK

Our Denali Adventure tour is a superb way to leave civilization behind and experience Alaska’s stunning terrain on two wheels.

After acquainting ourselves with Anchorage, we’ll set out on the Glenn and Richardson highways, moving from lush farmlands to glacial mountain landscapes. Turning west, we’ll pick up the gravel Denali Highway for 140 miles to Cantwell before taking the George Parks Highway to Denali National Park, home to Mt. Denali and its snowy, 20,320-foot summit. We’ll enjoy a full day of exploration in the park before returning to Anchorage on the scenic Alaska Railroad. Primitive campgrounds and rough roads will reward you with sweeping vistas and the untamed wilderness of the north. By facing these challenges, you’ll gain more than your fair share of enduring memories.

- 15 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 5
- Price: $2,799
Lake Tahoe

Inn to Inn | June 17 - 20; June 22 - 25 | Truckee, CA

Crisp mountain air, stunning vistas, and a pristine alpine lake — what more could you want out of an epic weekend on two wheels? On this long weekend tour, we’ll enjoy the altitude of the Sierra Nevada as we circumnavigate the stunning Lake Tahoe, the largest alpine lake in North America!

Our route starts by taking us from the mountain town of Truckee, home of Donner Memorial State Park beside stunning Donner Lake. From there, we’ll pass by the host site of the 1960 Winter Olympics before we get to Lake Tahoe and start our clockwise loop. Along the way around the lake, we’ll visit small towns and scenic overlooks including stunning Emerald Bay. Here, the state park of the same name is home to Vikingsholm, a 38-room mansion that is considered one of the finest examples of Scandinavian architecture in the United States.

Our long weekend will seem like it went by too quickly, but it will give us an excitement to come back for more.

- 4 Days
- Indoor (Inn to Inn)
- Difficulty: Level 3
- Price: $1,879

Katy Trail

Inn to Inn | June 18 - 25 | St. Louis, MO

There might not be a trail in the U.S. better suited for a relaxed ride than Missouri’s popular Katy Trail. Car-free, virtually flat, and featuring a crushed-limestone surface, the trail dishes up plenty of towns and attractions (and ice cream stands) along the way to keep things interesting. We’ve also broken the riding into manageable daily distances.

Considered by many to be the crown jewel of North American rail-trail conversions, the Katy Trail will transport us through the heartland of America beside the Missouri River, along a corridor that’s also part of the Lewis and Clark National Historic Trail and the coast-to-coast American Discovery Trail. We’ll pedal through sun-drenched, prairie-turned-farmland and across the Missouri River to New Franklin, then follow the river gently upstream back to Historic St. Charles.

- 8 Days
- Indoor (Inn to Inn)
- Difficulty: Level 2
- Price: $2,699

Eastern Canada Adventure

Self Contained | June 18 - July 2 | Québec City, QC

Our tour of Eastern Canada takes you from the heartland of French Canada to the mountainous seacoast of the Gaspé Peninsula at the northern end of the Appalachian Mountains. Starting in Québec City, the only walled city on the continent north of Mexico, we’ll ride along the St. Lawrence River and pass through towns dating back to the French colonization of the 1600s. We’ll pitch our tents in municipal, provincial, and national park campgrounds, and sample fresh seafood and locally raised fare.

The route follows quiet roads and pathways, most of which are part of La Route Verte, a 3,000-mile trail network in the province of Québec that tops many lists of the world’s best bicycle routes. So brush up on your Quebecois French and join us for this extraordinary Canadian excursion.

- 15 Days
- Camping/Indoor
- Difficulty: Level 4
- Price: $2,699
Cycle Montana - Big Sky Country

Meeting in Adventure Cycling’s hometown of Missoula, we’ll start with a shuttle to Bozeman before making our way back to Missoula over the course of the next seven days. You’ll get to experience a number of delightful small towns and soak in hot springs along the way. We’ll cross the Continental Divide and spin through beautiful Flint Creek and Blackfoot valleys. We’ll stopover in Butte before going over Big Hole Pass making it into the Big Hole Valley, a basin so broad and sparsely populated that you’ll feel as if you’ve ridden back in time 100 years. Keep an eye out — you may catch sight of a bear scampering through the sagebrush, en route from one mountain range to another!

In our final days, we’ll have the chance to visit Jackson Hot Springs, the Big Hole National Battlefield, and climb over Chief Joseph and Lost Trail passes. You’ll return home with a mother lode of memories from this glorious corner of Big Sky Country.

- 7 Days
- Catered Meals
- Difficulty: Level 4
- Camping, Indoor Options
- Paved Surface
- Price: $2,099

Maine Coast and Lighthouses

This tour highlights the best of what the Maine coast has to offer — quaint oceanside towns, rugged and rocky coastlines, and lighthouses galore!

Starting near Portland, known for its abundance of great restaurants in the Old Port, we’ll work our way up the jagged coastline to Camden, an area rich in nautical history. Along the way, we’ll have the chance to take in up to 10 iconic Maine lighthouses including Portland Head Light, the most photographed lighthouse in the U.S., and Marshall Point Lighthouse, made famous in the movie Forrest Gump. We’ll also explore places like Freeport and Boothbay Harbor for some off-bike activities, and have the chance to talk with Down East locals. Throughout the ride, we’ll get a true taste of Maine with opportunities to eat some of the freshest seafood you’ve ever had.

- 7 Days
- Camping
- Shared Cooking
- Difficulty: Level 2
- Paved Surface
- Price: $1,699

Great Parks North

Heading north from Missoula, Montana, we’ll follow the Great Parks North Route all the way to Jasper, Alberta. While the entire route is spectacular, the crown jewels are Glacier National Park in the U.S. and, in Canada, Waterton Lakes, Kootenay, Banff, and Jasper national parks.

After departing Adventure Cycling’s hometown, we’ll pass through the Seeley-Swan Valley en route to Glacier, where we’ll ascend the engineering and scenic marvel of Going-to-the-Sun Road, considered a bucket-list ride for cyclists the world over. We’ll proceed north, crossing into Alberta then enter British Columbia, visiting the ski town of Fernie, then follow the upper Columbia River to the magic waters of Radium Hot Springs. Soon, we’ll roll onto the Icefields Parkway, where we’ll marvel at the beautiful glacial streams and lakes, and at the massive icefields flanking the roadway.

- 22 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 4
- Paved Surface
- Price: $3,399
Great Divide Canada

Self Contained | July 8 - 18; July 11 - 21 | Whitefish, MT

For more than two decades, the Great Divide Mountain Bike Route has fulfilled the dreams of cyclists looking for the ultimate off-road adventure! Tackle nearly 350 of the most beautiful miles along the entire 3,000-mile route, which traces the spine of the Rocky Mountains from Jasper, Alberta, to Antelope Wells, New Mexico. Beautiful Banff is our starting point, but our ride through the spectacular Canadian Rockies and deep woods of northwest Montana will come to an end near Glacier National Park at the Whitefish Bike Retreat, a 20-acre cyclist’s paradise and a fitting end to a dream tour. Come see why Outside magazine included the Great Divide Mountain Bike Route on its list of “The Best Backcountry Adventure Trips in America.”

- 11 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 4
- Price: $1,999

Cycle the Divide - Montana

Fully Supported | July 8 - 14 | Whitefish, MT

Sample our heralded Great Divide Mountain Bike Route, fully supported and load free! We’ll travel from the lively resort town of Whitefish, located near Glacier National Park, to the southern end of the spectacular Swan Range, one of Montana’s less-visited geologic gems. Not far away lies Flathead Lake, the largest natural freshwater lake in the West. Riding mostly on U.S. Forest Service roads and a bit of singletrack, we’ll experience the high country of one of the world’s great wildland complexes. Along the way, we’ll encounter a variety of flora and fauna — the sharp-eyed might even spot wild huckleberries ripe for the picking or the occasional bear on a distant hillside. We’ll skirt the southern boundaries of the Bob Marshall and Scapegoat wilderness areas and crest the Continental Divide on a loop near Lincoln, our ultimate destination.

- 7 Days
- Camping, Indoor Options
- Catered Meals
- Difficulty: Level 4
- Price: $1,999

Selkirk Splendor

Self Contained | July 8 - 18 | Sandpoint, ID

Get ready for this international tour through some of the finest cycling terrain that the U.S. and Canada have to offer along “The West’s Best Scenic Drive.” Recognized by Rand McNally as one of only five routes to earn its “Best of the Road” title, the roads in this region are finally being discovered as a cycling paradise as well.

From picturesque Sandpoint, Idaho, we’ll zip up the panhandle and cross the border into British Columbia. Once there we’ll ride through pleasant farmlands and orchards, take a ferry across the fjord-like Kootenay Lake, and visit a host of fascinating small towns like Creston, Kaslo, New Denver, and Nelson. We’ll then re-enter the U.S., this time via Washington, where we’ll follow the Pend Oreille River through Metaline Falls down to Newport. After one final border crossing leads us back into Idaho, we’ll cycle to our finish in Sandpoint.

- 11 Days
- Camping
- Shared Cooking
- Difficulty: Level 4
- Price: $1,899

Details at: adventurecycling.org/toursbook, or call 800.611.8687
Great Divide Montana

For more than two decades, the Great Divide Mountain Bike Route has fulfilled the dreams of cyclists looking for the ultimate off-road adventure. You’ll tackle over 300 beautiful miles along the entire 3,000-mile route, which traces the spine of the Rocky Mountains from Jasper, Alberta, to Antelope Wells, New Mexico. Beautiful Whitefish is your starting point, but your ride through the deep woods of northwest Montana with stunning views will take you to Helena, Montana’s capital city, before a return shuttle to Whitefish. Along the way, we’ll stop through small Montana towns like Seeley Lake and Ovando, known for their hospitality towards cyclists.

- 11 Days
- Camping
- Shared Cooking
- Difficulty: Level 4
- Price: $1,999

Glacier–Waterton

Going-to-the-Sun Road was conceived as a way to permit visitors a glimpse of Glacier National Park’s mountainous interior without the need to travel by foot or horseback. Completed in 1932 after 11 years of work, this engineering and scenic marvel accounts for only one day of our spectacular Glacier-Waterton Loop!

From Whitefish, Montana, we’ll visit Fernie, British Columbia, then head east and crest the Continental Divide at Crowsnest Pass before rolling through Alberta prairies en route to Waterton Lakes National Park. A UNESCO World Heritage Site, the cross-border Glacier-Waterton International Peace Park features unmatched splendor.

- 10 Days
- Indoor (Inn to Inn)
- Indoor Dining
- Difficulty: Level 3
- Price: $3,899

Idaho Trails Family Adventure

The Trail of the Coeur d’Alenes traces the course of an abandoned Union Pacific Railroad right-of-way, reaching from the Silver Valley near the Montana border to Plummer, not far from Idaho’s border with Washington. The Route of the Hiawatha originates in Montana and then burrows beneath the state line through the memorable 1.7-mile-long Taft Tunnel.

With its gentle terrain, short daily distances, and gorgeous scenery, this trip is a great choice whether you’re a beginner seeking a great introduction to supported bicycle touring, or a cycling veteran craving a mellow, traffic-free adventure.

Please note: in order to participate in our Family Adventure tours, adults must be accompanied by a child and children between the ages of 8 and 17 must be accompanied by an adult.

- 6 Days
- Camping
- Catered Meals
- Difficulty: Level 1
- Price: Adult $1,099, Child $699
Self-contained camping tours have been an Adventure Cycling tradition for 40 years. To many cyclists, this style of travel is the ultimate way to travel. Relying on your own power, cooking your own meals, and carrying your “home” with you — it’s a sense of freedom that must be experienced to be understood.

Our Introduction to Touring Courses bring our self-contained experience to a learn-by-doing type of trip. Instruction is structured to teach the beginning cycle tourist the basics of traveling by bicycle with two days of outdoor instruction, after which we’ll hit the road on a four-day, self-contained camping tour. You’ll learn the basics of bicycle travel including what to bring, how to pack a loaded bike, cooking techniques, and emergency communication. Then you get a chance to apply your newly acquired knowledge on a mini-tour through the countryside of a location you choose. You’ll complete the course with an increased confidence in your traveling abilities and an enhanced knowledge of the benefits of traveling by bicycle.

Visit adventurecycling.org/selfcontained or adventurecycling.org/educational for more information.
Epic Great Divide

Van Supported | July 16 - Sept. 18 | Whitefish, MT - El Paso, TX

It won’t take long to realize that “the Divide” simply isn’t enough — this trip’s greatness is on display from the first pedal stroke. Grab your knobbies, throw your gear in the support van, and prepare for nine unloaded weeks of day after day epic riding and even better views. Our great adventure begins in the mountain town of Whitefish, Montana, among the towering pines and glacial valleys of the Crown of the Continent. Sixty-five days later, we’ll ride into Antelope Wells, New Mexico, in the wide-open high desert along one of the loneliest stretches of the U.S./Mexico border. In between, some of the wildest Rocky Mountains await.

So throw your gear in the van, pack a bigger memory card, and get ready for an unloaded ride that will show off some of the continent’s most astonishing scenery (and secluded cycling) along the way.

- 65 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 5
- Price: $7,899

Intro to Road Touring - Oregon

Educational | July 16 - 21 | Eugene, OR

As the experts on self-contained bicycle travel, we’d like to share our knowledge by offering our Introduction to Road Touring (IRT) course. Two days of open-air, informal campground discussions will be followed by a fun, four-day tour. This will give you the opportunity to test ride what you’ve learned in camp as the route eases us into the experience, with healthy doses of scenery and adventure. After this four-day loop to the beautiful Oregon Coast, you’ll arrive back at the starting point of this trip ready to set out on your next adventure.

Note that you’ll need to come to this intro course with some cycling skills and experience under your belt. But after graduating, you’ll be ready to hit the road on a loaded tour, whether it’s a solo outing, a trip with friends, or another Adventure Cycling group tour! Upon completion, you will qualify for our Learn and Earn tour incentive!

- 6 Days
- Camping
- Shared Cooking
- Difficulty: Level 2
- Price: $999

Idaho Trails Relaxed

Fully Supported | July 16 - 21 | Plummer, ID

This incredible bike tour takes in a pair of the most spectacular trails in the U.S., featuring easy riding through wetlands, lakes, and meadows, along with some fascinating regional history.

The Trail of the Coeur d’Alenes traces the course of an abandoned Union Pacific Railroad right-of-way, reaching from the Silver Valley, situated near the Montana-Idaho border, to Plummer, not far from Idaho’s border with Washington. The Route of the Hiawatha originates in Montana and burrows beneath the state line through the memorable 1.7-mile-long Taft Tunnel. We’ll then pass through several more tunnels and ride over numerous trestles, some of them an impressive 200-plus feet high.

With its gentle terrain, short daily distances, and gorgeous scenery, this trip is a great choice whether you’re a beginner seeking an introduction to supported bicycle touring or a cycling veteran craving a mellow, low traffic adventure.

- 6 Days
- Camping, Indoor Options
- Catered Meals
- Difficulty: Level 1
- Price: $1,899
Grand Canyon of Pennsylvania

Self Contained | July 22 - 25; July 27 - 30 | Jersey Shore, PA

Immerse yourself in a long weekend of cycling and camping in the spectacular Pine Creek Gorge of central Pennsylvania. At 1,450 feet deep and nearly a mile wide, the gorge is a designated National Natural Landmark and is commonly known as the Grand Canyon of Pennsylvania. We will ride through the entire gorge on the quiet, car-free crushed-stone surface of the Pine Creek Rail Trail, paralleling the meandering creek. While popular for canoeing, kayaking, tubing, and fishing, this is really quite a delightfully remote area.

With a modest number of daily miles and very mild terrain, this trip is a great way to discover, or rediscover, the freedom and empowerment of self-contained bicycle travel. We will experience both primitive and full-service camping as we enjoy stunning natural scenery and group camaraderie. Come join the challenge and fun of pedaling through the Grand Canyon of Pennsylvania, and gain a new natural perspective of this beautiful part of our country.

• 4 Days
• Camping
• Shared Cooking
• Difficulty: Level 1
• Price: $999

Vermont’s Green Mountains

Inn to Inn | July 29 - Aug. 1; Aug. 3 - 6 | Burlington, VT

It’s time to get away, and why not do so by enjoying a long weekend exploring the lush Green Mountains of Vermont! Starting in the vibrant, artsy town of Burlington on the shores of Lake Champlain, well known for the foot-traffic-only Church Street Marketplace, we’ll journey on a counterclockwise loop through the stunning mountains, rivers, and farmland of Vermont.

Along the way, we’ll get to sample Ben & Jerry’s ice cream directly from the source in Waterbury, and if the timing works out well we might even be able to take a tour of the factory or the Flavor Graveyard. As we make our way to our northeastern most part of the trip, we’ll climb up and over Jay Peak, a stunning winter ski destination. Heading back west, we’ll spend some time on the car-free crushed limestone of the Missisquoi Valley Rail Trail bringing us back to Lake Champlain. On our final day, we’ll ride parts of the Island Line bike trail, connecting the Hero Islands back to Burlington. After our long weekend, you’ll be excited to come back for more!

• 4 Days
• Indoor Dining
• Difficulty: Level 3
• Price: $1,599

Great Divide Wind River

Van Supported | July 29 - Aug. 8 | Jackson, WY

Celebrate more than 20 years of the Great Divide Mountain Bike Route with a ride through the unforgettable high plains of Wyoming. This 11-day trip in the shadow of the Wind River and Gros Ventre (grow-vaunt) mountains may not look like a high-altitude route with the sky reaching out to distant horizons, but you’ll top 9,500 feet as you ride through the beginnings of the Wind, Green, and Snake river drainages, which eventually feed the mighty Missouri, Columbia, and Colorado rivers.

Along the way you’ll visit small towns that could pass for spaghetti western sets and soak in history that includes the Astor Expedition, the Oregon Trail, and Native American tribes that lived in and traveled around the region. And all the while you’ll be pedaling along the Great Divide — you might just be inspired to keep going all the way to the Mexican border!

• 11 Days
• Camping
• Difficulty: Level 4
• Price: $2,299
Olympic Discovery Trail
Van Supported | July 29 - Aug. 1; Aug. 3 - 6; Aug. 12 - 15; Aug. 17 - 20
Port Townsend, WA

Ever wanted to explore the Olympic Peninsula by bike? There’s a trail for that! The Olympic Discovery Trail, a combination of designated bike paths and shared roads, traverses 230 miles of lush, verdant farmland and forests, all while in the shadows of snow capped coastal mountains. Beginning in the historical and high-energy city of Port Townsend, wind your way westward past bays and inlets, sand spits and nature preserves. In one of the most unique combinations of landscapes in the country, pedal past endless lavender fields, wade in tide pools, and keep an eye on the mountaintops of Olympic National Park standing guard to the south. As you push toward the coast, you’ll be transported to the U.S.’s only temperate rainforest, where green, mossy hikes will direct you to the drama and turbulence of the iconic rocky beaches of La Push.

- 4 Days
- Camping
- Shared Cooking
- Difficulty: Level 2
- Bike Trail/Paved
- Price: $1,399

Crater Lake
Inn to Inn | July 29 - Aug. 6 | Eugene, OR

Prepare for challenging riding and mind-blowing mountain scenery as we go up, over, down, and around the heart of Oregon’s Cascade Range. Pack light — we’ll stay indoors at a slate of hotels and mountain lodges, where we’ll take advantage of civilized dining and great swimming in several high-mountain lakes.

Starting from Eugene, we’ll ride Adventure Cycling’s TransAmerica Bicycle Trail along McKenzie River on our way to Belknap Hot Springs at the gateway to the Cascades, perfectly poised to ride McKenzie Pass. We’ll soon connect with Adventure Cycling’s Sierra Cascades Bicycle Route, taking us to trendy, recreation-based towns such as Sisters and Bend. Then it’s back up to the high Cascades where our adventure culminates in the climb to Crater Lake followed by an unforgettable downhill to the shores of Crescent Lake. From there it’s a short shuttle back to Eugene.

- 9 Days
- Indoor (Inn to Inn)
- Indoor Dining
- Difficulty: Level 4
- Paved Surface
- Price: $3,699

Intro to Gravel Touring & Bikepacking - Montana
Educational | July 30 - Aug. 4 | Whitefish, MT

As the experts on self-contained bicycle travel, we’d like to share our knowledge by offering our Introduction to Gravel Touring & Bikepacking course. Two days of open-air, informal campground discussions will be followed by four days and three nights of field work where we’ll learn the theories and skills specific to off-road bicycle travel and apply all that we’ve learned in a practical way. We’ll travel and live as a group would on an Adventure Cycling tour on the Great Divide Route: sharing meals, campsites, and friendship.

Note that you’ll need to come to this intro course with some cycling and camping skills as well as experience riding on gravel and unpaved surfaces. After finishing the course, you’ll be ready for a solo outing, a trip with friends, or another Adventure Cycling group tour. Upon completion, you will qualify for our Learn and Earn tour incentive!

- 6 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 2
- Dirt Surface
- Price: $1,499
Great Divide Colorado Alpine

Van Supported | Aug. 11 - 19; Aug. 20 - 28 | Steamboat Springs, CO

The Great Divide Mountain Bike Route has been a joy for thrillseekers for more than 20 years, and you can join the party in style along the iconic route’s sky-scraping Colorado alpine section. Most of the riding is above 9,000 feet, and some of the Rocky Mountains’ highest peaks will be your companions on this bucket-list–worthy tour.

Between Steamboat Springs and Kremmling, we’ll meander through a mellow mountain landscape before descending, seemingly forever, to the Colorado River at Radium. It’s one of the most dramatic dives on the entire Great Divide Route. We’ll also ride through the bustling resort area of Breckenridge before ascending Boreas Pass. The last day’s ride into Salida follows a twisty doubletrack that offers incredible views across the Arkansas River valley to some of the most spectacular 14ers in Colorado.

- 9 Days
- Camping
- Shared Cooking
- Difficulty: Level 4
- Price: $1,999

Vermont’s Lake Champlain & Green Mountains

Fully Supported | Aug. 12 - 18 | Grand Isle, VT

How would you like to visit some of Vermont’s most iconic cycling destinations, from the islands of Lake Champlain to the stunning Green Mountains, in one tour? Our journey begins just 30 minutes outside Burlington, in the quaint, central Champlain Islands town of Grand Isle. As we venture toward the mountains, the classic towns of Middlebury, Waterbury, and Stowe offer everything you would expect of a Vermont tour: small-town New England charm with friendly local businesses, historic architecture, an occasional brewery; farms, covered bridges, amazing vistas of the Green Mountains; and let’s not forget cheese, maple syrup, and Ben & Jerry’s Ice Cream.

Join us on this amazing adventure and discover the beauty, history, and culture Vermont is famous for. You may even get to see Champ, Lake Champlain’s beloved lake monster.

- 7 Days
- Camping, Indoor Options
- Catered Meals
- Difficulty: Level 3
- Price: $1,999

Maine Coast

Inn to Inn | Aug. 14 - 18 | Portland, ME

Join us for five luxurious days on Maine’s spectacular coast! Starting and ending in Portland and staying right in the heart of the Old Port, we’ll want to explore the cobblestone streets and active piers before heading out by bike. We’ll first journey north, following bike paths and lanes out of the city to the college town of Brunswick, well known for summer productions from the Maine State Music Theater. From there, we’ll swing back south, with an overnight accessible only by boat that is sure to have a stunning sunset.

Continuing south, we’ll reach Kennebunkport where you might head for a stroll along one of the popular beaches that attract tourists all summer long. We’ll end our adventure by heading back to Portland via parts of the East Coast Greenway and U.S. Bicycle Route passing by a variety of lighthouses, including the world famous Portland Head Light. After a week of ocean views and delicious foods, we’ll wonder why we don’t travel by bike more often!

- 5 Days
- Indoor (Inn to Inn)
- Indoor Dining
- Paved/Gravel/Bike Trail
- Difficulty: Level 2
- Price: $2,899
Black Hills - South Dakota

“Majestic,” “striking,” and “otherworldly” are just some of the words used to describe the Black Hills of South Dakota, and you’ll see it all from your saddle as you cycle along lightly traveled roads and portions of the unforgettable Mickelson Trail, a 114-mile-long, gravel-surfaced rail trail.

Beginning and ending our adventure in Rapid City, we’ll visit the historic towns of Lead, Hot Springs, and Keystone, gateway to Mount Rushmore National Memorial, as well as Custer State Park. We’ll also see Crazy Horse Memorial, which, when finished, will dwarf Mount Rushmore, and Wind Cave National Park, one of the largest and most complex caves in the world. From breathtaking scenic vistas to rock-solid national memorials and state parks, you’ll get to experience it all on this fantastic loop ride.

- 8 Days
- Catered Meals
- Difficulty: Level 4
- Price: $2,199

Allegheny Mountains Gravel Loop

The gorgeous Allegheny Mountain Range — part of the southern Appalachians — is considered one of the most stunning spots in the U.S.

The Allegheny Mountains Loop offers a wide variety of riding types — from pavement to gravel roads and rail trails, and from gentle grades along river valleys to steep, muscle-burning climbs and fast descents. The tour begins and ends in the beautiful West Virginia mountains and crosses back and forth between Virginia and West Virginia several times. The scenery is as diverse as the riding — from valley farmlands to majestic mountains, and from friendly small towns to remote and secluded wilderness.

After this amazing experience, you're certain to appreciate why West Virginia is affectionately called the “Mountain State,” and you’ll understand why “Virginia is for Lovers” — lovers of great riding, awesome scenery, friendly folks, history, and must-see attractions.

- 7 Days
- Shared Cooking
- Difficulty: Level 4
- Price: $1,899

Idaho Trails

This incredible bike tour takes in a pair of the most spectacular trails in the U.S., along with some fascinating regional history. The Trail of the Coeur d’Alenes traces the course of an abandoned Union Pacific Railroad right-of-way, reaching from the Silver Valley near the Montana-Idaho border to Plummer, Idaho, near the border with Washington. The Route of the Hiawatha originates in Montana and burrows beneath the state line through the memorable 1.7-mile–long Taft Tunnel. We’ll then pass through several more tunnels and ride over numerous trestles, some of them an impressive 200-plus feet high.

With its predominantly gentle terrain, short daily distances, and gorgeous scenery, this trip is a great choice whether you’re a bike travel beginner or a cycling veteran.

- 7 Days
- Indoor Dining
- Difficulty: Level 2
- Price: $2,799
Washington’s San Juan Islands

**Inn to Inn | Sept. 2 - 9; Sept. 10 - 17 | Anacortes, WA**

This weeklong inn-to-inn tour weaves along the glorious northwestern coastline of Washington’s Puget Sound and through its famous San Juan Islands, offering an irresistible combination of manageable daily mileages and world-class scenery. Since we’ll leave our camping and cooking gear at home, it’s the perfect tour for cyclists who enjoy bicycling self-contained, but prefer sleeping in a bed rather than in a tent.

We’ll spend our days leisurely pedaling the waterfront, spinning inland through fertile farmlands and scenic villages full of interesting shops and top-notch seafood restaurants. On many days, our cycling will be broken up by ferry rides, from which you might glimpse orca whales, seals, or bald eagles! Grab your bike, your camera, and your sense of adventure — because you’re in for a week of Pacific Northwest bicycling that you’ll never forget!

- **8 Days**
- **Indoor (Inn to Inn)**
- **Indoor Dining**
- **Paved Surface**
- **Difficulty: Level 3**
- **Price: $3,599**

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Grand Canyon

**Van Supported | Sept. 3 - 9; Sept. 10 - 16 | St. George, UT**

What better way to explore one of the world’s most magnificent natural wonders than by bicycle? Grand Canyon National Park’s remoteness, especially on the North Rim, can make planning multiday, self-contained cycling expeditions difficult, but that’s where vehicle support comes in, letting you ride the trails and winding dirt roads through pine and aspen forests load-free. We’re offering the mountain biking trip of a lifetime!

Come take advantage of this opportunity to ride legendary singletrack on the Rainbow Rim and Arizona trails — portions of which were built specifically for mountain bikes. Our overnight locations, some literally perched right on the rim, are jaw-dropping. Top all this off with a special sumptuous dinner at the Grand Canyon Lodge, and the grandeur of this trip can’t be beat.

- **7 Days**
- **Camping**
- **Shared Cooking**
- **Dirt Surface**
- **Difficulty: Level 4**
- **Price: $1,749**

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Pacific Coast North

**Self Contained | Sept. 7 - 21 | Bellingham, WA - Eugene, OR**

If you’ve got two weeks to spend on a bike, there’s no better spot on earth than the northernmost section of Adventure Cycling’s Pacific Coast Route.

Starting in Bellingham, Washington, we’ll zip up to the Canadian border before starting our trip south along Puget Sound, heading toward the mountains and passing by the Olympic Peninsula. Continuing south, we’ll cross the Columbia River into Astoria, Oregon, and then proceed down the Oregon coast, dazzled for nearly 200 miles by the sights, sounds, and scents of the Pacific Ocean. We’ll enjoy some of the most pristine beaches and pleasant state parks in the U.S. before heading back inland to close out our ride in the bike-loving college town of Eugene.

Make it an EPIC ride! Complete the full Pacific Coast Route self-contained in 2023 by also joining our Pacific Coast Central and Pacific Coast South tours.

- **15 Days**
- **Camping/Indoor**
- **Shared Cooking**
- **Paved Surface**
- **Difficulty: Level 4**
- **Price: $2,299**

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Details at: [adventurecycling.org/toursbook](http://adventurecycling.org/toursbook) or call 800.611.8687
DC to Gettysburg: Civil War History

Van Supported | Sept. 8 - 12; Sept. 13 - 17 | Washington, DC

Immerse yourself in the landscape that witnessed the key conflicts and resolutions of the Civil War, all from the seat of your bicycle. Meet us in Washington, DC, a stone’s throw from the Lincoln Memorial and the National Mall, as we begin our tri-state tour through history. Journey alongside the Potomac River to historic Harpers Ferry, where exhibits and live reenactments bring John Brown’s Raid and the Battle of Harpers Ferry to life. Follow the C&O Canal Towpath to Antietam National Battlefield, known today as the site of the single bloodiest day in U.S. military history. Wind your way through Sharpsburg, Shepherdstown, and Catoctin Mountain Park, home to the retreat of U.S. presidents past.
Cap off the trip with a one-of-a-kind cycling tour of the Gettysburg Battlefield, led by an expert battlefield guide.

- 5 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 3
- Price: $1,229

Great Lakes Relaxed

Fully Supported | Sept. 9 - 16 | Mackinaw City, MI

We’ve incorporated the quiet roads and pleasurable riding of Michigan’s Upper Peninsula (U.P.) into our popular relaxed tour format. We’ve coupled the route’s gentle terrain and moderate daily distances with convenient luggage transport and delicious catering to offer a superb choice for the first-time bicycle tourist as well as the seasoned bike traveler who seeks a more laid-back cycling experience.
Starting at the top of the Lower Peninsula, we’ll shuttle across the Mackinac Bridge and begin pedaling north from the bottom of the U.P. We’ll explore numerous state parks replete with thick forests, wondrous waterfalls, and lake shore views, as well as visit Whitefish Bay, site of the Great Lakes Shipwreck Museum, and Sault Ste. Marie, home of the Soo Locks. We’ll catch a ferry to Mackinac Island and explore this special place where automobiles are noticeably absent. The car may be king in nearby Detroit, but in the U.P., the bicycle reigns supreme. Great Lakes, great parks, and great bicycle touring — they all add up to one great trip.

- 8 Days
- Camping, Indoor Options
- Catered Meals
- Difficulty: Level 2
- Price: $2,299

Pacific Coast

Van Supported | Sept. 9 - Oct. 19 | Bellingham, WA - San Diego, CA

Join us for this golden opportunity to ride from Canada to Mexico on one of America’s premier cycling routes: the Pacific Coast Route. This tour is so popular that it sells out in a few weeks, so if you’re interested, don’t hesitate to sign up.
We’ll experience some of the finest terrain and tour some of the coolest cities in the world — all pannier-free as we leave our luggage in the van! From our border with Canada, we’ll head south through the lush forests of western Washington before following the Columbia River to the Oregon coast, where we’ll encounter some of the nicest state parks in the country. Farther south, we’ll enter California and head inland to cycle among majestic redwood forests. After visiting San Francisco, we’ll enjoy the Monterey Peninsula, Big Sur, and Santa Barbara. Continuing south, we’ll end our tour in lively San Diego.

- 41 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 5
- Price: $5,999
Cape Cod & the Islands

Self Contained | Sept. 9 - 16 | Plymouth, MA

Spend a week cycling along the beautiful Atlantic Ocean shoreline. On this tour, we’ll view the seaports, glacially formed kettle ponds, and lighthouses of southeastern Massachusetts, visit historic sites from the days of colonial America, and explore quaint shops on Cape Cod and Martha’s Vineyard. Attractions of special interest include Cape Cod National Seashore; a full-scale reproduction of the Mayflower; the preserved village of New Bedford, once the whaling capital of the world; and the Chatham Marconi Maritime Center. Every day on this tour is spent within 15 miles of the Atlantic, and each night close to a large body of freshwater or saltwater.

This tour is suitable for all riders and is a great choice for anyone looking to learn the basics of self-contained touring, or for an experienced bicycle traveler looking for a week of relaxed cycling. The riding is relaxed, services are plentiful, and the campgrounds are outstanding.

- 8 Days
- Camping
- Shared Cooking
- Paved Surface
- Difficulty: Level 1
- Price: $1,699

Katy Trail

Inn to Inn | Sept. 10 - 17 | St. Louis, MO

There might not be a trail in the U.S. better suited for a relaxed ride than Missouri’s popular Katy Trail. Car-free, virtually flat, and featuring a crushed-limestone surface, the trail dishes up plenty of towns and attractions (and ice cream stands) along the way to keep things interesting. We’ve also broken the riding into manageable daily distances.

Considered by many to be the crown jewel of North American rail-trail conversions, the Katy Trail will transport us through the heartland of America beside the Missouri River, along a corridor that’s also part of the Lewis and Clark National Historic Trail and the coast-to-coast American Discovery Trail. We’ll pedal through sun-drenched, prairie-turned-farmland and across the Missouri River to New Franklin, then follow the river gently upstream back to Historic St. Charles.

- 8 Days
- Indoor (Inn to Inn)
- Indoor Dining
- Gravel/Bike Trail
- Difficulty: Level 2
- Price: $2,699

C&O Canal/GAP

Fully Supported | Sept. 16 - 23 | Arlington, VA

This fall, you won’t worry about traffic as you ride your hybrid or mountain bike 330 miles on gently graded gravel trails from the heart of the nation’s capital north into Pennsylvania. Historically, the Chesapeake & Ohio Canal served as a lifeline for early settlers. Today, it serves as a pathway to an unforgettable cycling experience.

We’ll begin with a visit to the National Mall, and then, after bidding adieu to DC, we’ll head through stylish Georgetown and deep into rural Maryland. We’ll visit Antietam National Battlefield, site of the Civil War’s bloodiest battle, and Fort Frederick, a restored 1756 British outpost. In lively Cumberland, Maryland, we’ll move over to the Great Allegheny Passage, a stellar rail trail completed in 2006. Upon finishing in Pittsburgh, we’ll catch a shuttle back to Washington, DC.

- 8 Days
- Camping/Indoor, Indoor Options
- Catered Meals
- Gravel/Bike Trail
- Difficulty: Level 2
- Price: $2,399

Details at: adventurecycling.org/toursbook, or call 800.611.8687
Adventure Cycling’s
Fully Supported Tours

An Adventure Cycling fully supported tour is a great choice for the adventure-hungry cyclist who prefers riding with a larger group and a smaller load — the individual who relishes the freedom of riding unencumbered but still enjoys camping and a cycling challenge.

Besides lightening your load, the presence of the support vehicle adds a degree of security in that you’ll have a ride available in the case of injury, illness, or mechanical breakdown. Meanwhile, our knowledgeable, experienced leaders can share information about the area you’re cycling through and solve any problems or concerns that may arise — remember, this is a vacation!

All personal and group gear is transported daily by a vehicle, but home on most nights is a “room with plenty of elbow room” — under the stars, that is, at a nice campsite. Some trips have occasional indoor overnights included in the tour price, and additional indoor options are usually available at the rider’s own expense.

Visit adventurecycling.org/fullysupported for more information.
Acadia and Mt. Desert Island

Inn to Inn | Sept. 16 - 19; Sept. 21 - 24 | Bar Harbor, ME

Spend a long weekend exploring Maine’s only national park — Acadia! Over the course of the trip, we’ll circumnavigate Mount Desert Island, visit fantastic small towns like Southwest Harbor and Bar Harbor, and have the opportunity to ride the famous carriage roads built between 1913 and 1940 with support from John D. Rockefeller Jr. Finally, we’ll get the chance to ride our bikes to the summit of Cadillac Mountain! At the eastern edge of the state and rising to 1,529 feet, the first light to reach the U.S. touches this magical spot.

Best of all, we’ll be eating at restaurants and staying indoors every night, so all you’ll need to carry on your bike are your clothes and a lunch for the day. It’s a great way to tour for both beginners and experienced cyclists alike. This long weekend will leave you wanting to come back for more!

• 4 Days
• Indoor (Inn to Inn)
• Indoor Dining
• Paved Surface
• Difficulty: Level 2
• Price: $1,599

Ohio to Erie Trail

Inn to Inn | Sept. 17 - 24 | Cincinnati, OH - Cleveland, OH

Welcome to the Ohio to Erie Trail (OTET), a scenic 326-mile trail linking the Ohio River in Cincinnati to Lake Erie in Cleveland. This Ohio statewide corridor of trails and on-road routes connect the south to the north, traversing four major cities, numerous quaint small towns, and miles of countryside. The entirety of the OTET is open to bike touring, with 83 percent of the trail on off-street trails made up of hard gravel or paved surfaces. Considerable portions of the OTET are through parks such as Little Miami State Park and at least 20 miles within Cuyahoga Valley National Park.

Our group will dip our back tires in the Ohio River under Cincinnati’s historic Roebling Suspension Bridge in Smale Park, and end by dipping our front tires in Lake Erie at Edgewater Park in Cleveland, hence the Ohio (river) to (lake) Erie Trail. This is the longest continuous bike path, also known as Ohio Bike Route 1, and is a trail meant to be enjoyed.

We’ll leave with a deep appreciation for the beauty and character of Ohio.

• 8 Days
• Indoor (Inn to Inn)
• Indoor Dining
• Paved/Gravel/Bike Trail
• Difficulty: Level 3
• Price: $3,199

Vermont

Inn to Inn | Sept. 18 - 24 | Burlington, VT

Ride with us through Vermont’s tranquil Northeast Kingdom with its colorful mountain vistas and stunning views of sprawling Lake Champlain. From fiery-red hardwood canopies to expanses of golden yellow, you can’t beat the breathtaking views of Vermont in the autumn. What better way to go leaf peeping than by bicycle?

We’ll start in the bicycling mecca of Burlington, where, in addition to a bevy of cultural and historic sites at hand, we’ll be treated to amazing views of the Adirondack Mountains looming to the west and the Green Mountains to the east. Moving eastward we’ll enjoy stunning colors and visit many quaint New England towns, including a quick trip into New Hampshire and a stop in Montpelier, the capital of Vermont. Our trip ends back in Burlington, but not before we’ve experienced all of the color and beauty that Vermont has to offer.

• 7 Days
• Indoor (Inn to Inn)
• Indoor Dining
• Paved Surface
• Difficulty: Level 3
• Price: $2,599

Details at: adventurecycling.org/toursbook or call 800.611.8687
New Mexico Enchanted Lands - South
Van Supported | Sept. 19 - Oct. 1 | Las Cruces, NM

On this 576-mile loop, we’ll enjoy the diversity of two areas in New Mexico’s south: the white sands to the east and the Gila National Forest to the west. We’ll even crank over the Continental Divide twice!

Once in the saddle, we’ll intersperse riding and rest days for a balance of pedaling and recovery as we travel through towns that hosted mining booms; learn about the Apache and Mogollon cultures, waves of miners, and infamous outlaws who inhabited the area; and see geological formations that took eons to create. On our off-bike days, we’ll hop in the van to visit natural sites including the Bosque del Apache National Wildlife Refuge, El Camino Real Historic Trail Site, and the Gila Cliff Dwellings National Monument.

Join us for this new tour in magical southern New Mexico!

- 13 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 4
- Paved Surface
- Price: $2,999

Utah’s Backcountry Monuments
Van Supported | Sept. 23 - 30; Oct. 1 - 8 | Grand Junction, CO

Edward Abbey once described the deserts of southwest Utah as “light and space without time, I think, for this country with only the slightest traces of human history.” Mountain biking, exposed to nature’s elements, is the ideal way to take in the spirit of this land.

We’ll shuttle from Grand Junction to the high-desert outpost of Boulder, Utah, and begin exploring a corner of the Grand Staircase-Escalante National Monument before descending the multiple switchbacks of the Burr Trail. This gravel road cuts dramatically through the Waterpocket Fold, a 100-mile-long monocline that defines the geology of Capitol Reef National Park. We’ll traverse some of the most spectacular and remote scenery of the American West, experiencing red rock hoodoos cast in unimaginable configurations, slot canyons, and petroglyphs carved into the sandstone. It will be a trip you’ll never forget.

- 8 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 3
- Dirt Surface
- Price: $1,849

Southern Tier
Van Supported | Sept. 23 - Nov. 20 | San Diego, CA - St. Augustine, FL

Prepare for a southern-style, cross-country ride on our shortest, most accessible transcontinental trip. To make this tour even better, we’ll enjoy the relative luxury of having the Adventure Cycling van tote our gear to and from each overnight location as we pedal from the West Coast across deserts, over mountains, past prairies, beyond bayous, and through citrus groves, all the way to the East Coast. You’ll also enjoy starting this epic tour in one of America’s best beach cities, San Diego, and ending it in St. Augustine, America’s oldest continuously occupied European settlement.

Notable stopovers along this route, each with a unique set of diversions, include Phoenix, Austin, and New Orleans. In between there are many other great sights, sounds, cuisines, and cultures to experience.

- 59 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 5
- Paved Surface
- Price: $7,799
Pacific Coast Central

**Self Contained | Sept. 23 - Oct. 7 | Eugene, OR - San Francisco, CA**

Join us for this bike touring adventure along a gorgeous segment of the West Coast and experience some of the most beautiful and remote sections of Adventure Cycling’s Pacific Coast Bicycle Route, our most popular.

As we ride from the spectacular Oregon coastline to the great redwood forests of Northern California, we’ll enjoy magnificent ocean views, explore long stretches of sandy beaches, investigate tidal pools, zip past rustic farmsteads, and cruise in the cool, quiet shadows of the world’s tallest trees. Our group will also ride through towns like Crescent City, Trinidad, and Eureka, reminders of the logging and Gold Rush eras. We’ll have everything we need with us, so all we need to do is pedal our bicycles and soak up the scenery.

Make it an EPIC ride! Complete the full Pacific Coast Route self-contained in 2023 by also joining our Pacific Coast North and Pacific Coast South tours!

- **15 Days**
- **Camping/Indoor**
- **Shared Cooking**
- **Paved Surface**
- **Difficulty: Level 4**
- **Price: $2,199**

Pacific Coast South

**Self Contained | Oct. 8 - 22 | San Francisco, CA - San Diego, CA**

The Pacific Coast South tour is among the world’s most popular bicycle rides, traveling along some of the world’s most marvelous coastline. We’ll pedal out of San Francisco and past a string of state beaches and spectacular shoreline. En route, we’ll view unforgettable seascapes, inhale the salty essence of the Pacific, and ride through the farm country of Steinbeck’s Salinas Valley.

From Santa Monica, we’ll follow oceanside bike paths and ride through residential and industrial areas before rejoining the Pacific Coast Highway south of Los Angeles. From San Diego, we’ll take the Coronado Pedestrian-Bicycle Ferry to Coronado and follow a bike path along Silver Strand State Beach and loop down to the U.S.-Mexico border. If you’re not California dreamin’ yet, you will be after completing this amazing ride.

Make it an EPIC ride! Complete the full Pacific Coast Route self-contained in 2022 by also joining our Pacific Coast North and Pacific Coast Central tours!

- **15 Days**
- **Camping/Indoor**
- **Shared Cooking**
- **Paved Surface**
- **Difficulty: Level 4**
- **Price: $1,999**

Southern Natchez Trace

**Fully Supported | Oct. 15 - 22 | Ridgeland, MS**

Come experience cycling the best of the Southeast. Travel along the scenic recreational Natchez Trace Parkway from Ridgeland to Natchez, a southern jewel of a town. We will continue our journey through verdant farmlands to Port Gibson, the town “too beautiful to burn,” visiting Windsor Ruins along our way. We’ll overnight at Grand Gulf Military State Park. We spin on to the historic Civil War city of Vicksburg and visit the Vicksburg National Military Park, the key to the Civil War.

Soak up the scenes of Spanish moss–draped trees, enjoy catered meals that reflect the best of this region’s culinary tradition, and learn about the past and present of this corner of the country.

- **8 Days**
- **Camping, Indoor Options**
- **Catred Meals**
- **Paved Surface**
- **Difficulty: Level 3**
- **Price: $1,999**
Hawaii Big Island

Self Contained | Oct. 15 - 26 | Kailua-Kona, HI

You’ve probably heard of the beautiful Big Island of Hawaii and the world-class triathlon competitions held there. Or perhaps you’re a fan of the Kona coffee grown on the slopes of the Hualalai and Mauna Loa volcanoes. But did you know that paved roads ring this biggest of the Hawaiian Islands? Picture yourself camping on four of the most beautiful beaches in the world, climbing nearly 4,000 vertical feet over the flanks of mighty volcanoes, traversing lava fields, and becoming immersed in rainforests.

Our tour starts in historic Kailua Village (Kailua-Kona), not far from the airport and our designated bike shop. Be sure to leave space in your panniers for a set of snorkeling gear! Come join us on the Big Island for a 12-day tropical celebration of spectacular roads, gorgeous beach camping, delicious local foods, and much, much more!

- 12 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 4
- Price: $2,799

Big Bend

Van Supported | Oct. 22 - 31 | Fort Davis, TX

This 10-day, van-supported trip explores the wild and picturesque terrain of the west Texas Big Bend region. A road rider’s dream come true, this tour offers low-traffic byways, an abundance of stunning scenery, and ample opportunities to discover the secrets of Big Bend National Park, the Chihuahuan Desert, the Davis and Chisos mountain ranges, and the Rio Grande Wild & Scenic River.

Our journey through this hidden gem of the Lone Star State will not be without its challenges — the landscapes are vast, quiet, and empty, with long stretches devoid of services. But we’ll make the most of the towns we do visit, taking time to explore Fort Davis, Alpine, Marathon, Terlingua Ghost Town, Presidio, and Marfa. You’re sure to return home with a bonanza of stories from your cycling adventure in Big Bend.

- 10 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 4
- Price: $1,949

Death Valley

Van Supported | Oct. 28 - Nov. 4; Nov. 5 - 12 | Las Vegas, NV

Death Valley: land of extremes. A wonderful and mysterious place, this valley supports nearly 1,000 native plant species on only two inches of rain per year. At Badwater Basin, desert winds whisper through the valley floor 282 feet below sea level, and 15 miles west the towering 11,000-foot Telescope Peak remains shrouded in snow and ice until late spring.

Pedal past sand dunes, hot springs, canyons, rock formations, and an incredible variety of plant and animal life. We’ll explore the maze of wildly eroded and colorful badlands that are Death Valley, and we’ll retrace the route of the rugged ‘49ers and pioneers who arrived via ox-drawn wagons on the Old Spanish Trail to this special place in eastern California.

We’ll enjoy spectacularly clear nights and embrace desert solitude on this eight-day tour.

- 8 Days
- Camping/Indoor
- Shared Cooking
- Difficulty: Level 4
- Price: $1,899
Florida Keys
Self Contained | Oct. 28 - Nov. 6 | Ft. Myers, FL

Get a second dose of summer with this Sunshine State ride. You can smile wide as you ride knowing you’re enjoying 300 miles of sunny, warm weather!

This unique loop ride takes in Florida’s largest city, longest bridges, and wildest swamplands, showcasing the best of South Florida along a pair of Adventure Cycling routes. You’ll start in Fort Myers, see the modern quaintness of Naples, and enjoy the down-home quirkiness of Everglades City. From there, prepare to be enamoured with the majestic swamplands as we ride the Tamiami Trail Road to be enveloped in Big Cypress National Preserve. Not long after that, you’ll find yourselves spanning Florida’s longest bridges hopping from key to key until your soul reaches full Parrothead for a celebration in Key West. A sunset ferry ride back to Fort Myers will close out this glorious loop of all the diverse adventure South Florida has to offer.

• 10 Days
• Camping/Indoor
• Shared Cooking
• Difficulty: Level 2
• Paved Surface
• Price: $2,249

Patagonia AZ Gravel - Fall
Van Supported | Nov. 10 - 13; Nov. 16 - 19 | Patagonia, AZ

Some of the best spring and fall gravel riding in the U.S. can be found outside southern Arizona’s small, eclectic town of Patagonia. This gravel paradise is 60 miles south of Tucson and sits at an elevation of 4,000 feet between the Santa Rita and Patagonia Mountains.

We’ll experience miles of gravel riding in the Coronado National Forest, through the rolling plain of the San Rafael Valley to the hidden gem of Parker Canyon Lake. Our route continues west past the border town of Lochiel before heading on the northern gravel roads to Patagonia Lake State Park. For birding enthusiasts, the Patagonia area is also known for world-class birding, as more than 300 bird species migrate, nest, and live in this Sky Islands area.

• 4 Days
• Camping/Indoor
• Shared Cooking
• Difficulty: Level 4
• Gravel Surface
• Price: $1,099
Adventure Cycling’s Van Supported

You want fun, good food, gear-free riding, and other like-minded people to share the road? Then consider one of our popular van-supported tours. Adventure Cycling’s van-supported tours offer all the thrills of a classic, self-contained tour: a group of around 13 riders, camping, and shared group cooking. But you’ll spend your riding days free of personal and group gear since we provide a van to do all the heavy lifting, and two experienced leaders will make your tour one to remember. The group may also use the support van to take side trips that would not be reachable otherwise. We offer van-supported versions of our epic, cross-country adventures and many one- to two-week tours. We include occasional motel overnights (one every 10 days) on longer trips.

Visit adventurecycling.org/vansupported for more information.
Great Tour Gear

Our Cyclosource store provides the gear you need for your next Adventure Cycling tour. Find panniers and bags to carry your stuff, great cycling apparel and logo wear, and handy gadgets to make your tour that much better.

Visit adventurecycling.org/store for more great options and to order.

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**Ortlieb Front-Roller Classic**

Universal pannier with roll closure for front, lowrider, or rear racks. QL1 system fits rack diameters up to 16mm. Features PVC-coated polyester fabric, inner pocket, and reflectors. Shoulder strap included. Yellow/black.

**Specifications:**
- BT-5924 | 11.8 x 9.8 x 5.5 in. | 3.5 lbs.
- 1526 cu. in./pair | $175/pair

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**Ortlieb Waterproof Trunk Bag RC**

A perfect trunk bag for a cross-country epic as well as a grocery store run with the family. Thanks to the Top-Lock adapter, initial installation is done in a jiffy, and during use, attaching and detaching the bags from the luggage rack is child’s play due to the unlocking handles on both sides. The Top-Lock adapter will fit most racks and can accommodate rack widths of 80mm to 160mm, a tube diameters between 8mm to 16mm, i.e., 99% of standard rear racks currently on the market. The Trunk-Bag sports a 12L volume and can carry loads up to 10kg/22 lbs.

**Specifications:**
- BT-5922 | 11 x 15 x 7 in. | 29.1 oz | 732 cu. in. | Gray | $140

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**Banjo Brothers Saddlebag Panniers: Pair**

One-piece saddlebag design is easy-on and easy-off. It’s ideal for commuting or a weekend trip to a nearby B&B. The bags are water resistant and low profile, so they won’t slow you down. The pannier will also fit a wide eBike rack up to 6.5in. The fit will be snug, but the bag owner can trim 1/4in. off the internal p.e. board stiffener to create an extra 1/2in. slack. File this under the more you know.

**Specifications:**
- BT-1080-1 | 1500 cu. in. | $75

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**Adventure Cycling Water Bottle**

You’ve got to carry your water somewhere. So why not in our precision-fit, wide-mouth, full two-thread screw-cap bottle, complete with the all-new Adventure Cycling logo? This bottle features a wide ice-cube-sized mouth and leak-proof soft-rubber spout. Clear bottle, blue logo.

**Specifications:**
- LW-98-1 | $6

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**Adventure Cycling Hi-Vis Shirts**

Represent Adventure Cycling while staying visible. Featuring a moisture-wicking, 100% polyester fabric and advanced color dye for a long-lasting durability. If you’re riding the Arkansas High Country Route, wearing orange during hunting season is required! UPF rating ~ 35+.

**Specifications:**
- LW-407 | Long sleeve | Hi-vis Orange | $28
- LW-406 | Short sleeve | Hi-vis Yellow | $24

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Details at: adventurecycling.org/toursbook or call 800.611.8687
Revelate Designs Shrew
Built for any ride on any terrain: gravel, singletrack, road, snow, whatever. The Shrew carries spare clothing, gear, tools, and snacks for the long haul with ease. It packs a mighty 3L capacity and weighs just 4.5 ounces. Plus, stay safe and visible in the all new Hi-Vis Green.

BT-4012-1 | $69

Revelate Designs Terrapin System
Completely redesigned, the 14L Terrapin System is a modular, waterproof seat pack with a removable drybag allowing for easy off-the-bike packing. Featuring Revelate’s exclusive Indie-Rail attachment system, which virtually eliminates side-to-side bag sway. New features include an external plastic bottom sheet, which protects the bottom of the bag like a fender.

BT-40111-2 | 8L | 12oz | Black | $155
BT-40111 | 14L | 19 oz. | Black | $179

Showers Pass Transit Jacket CC
The all new, fully redesigned and improved Transit Jacket is back! A rain jacket is only as good as its waterproof membrane, and thanks to Showers Pass’s proprietary Artex™ waterproof-breathable membrane (coupled with fully taped seams), the Transit provides an effective barrier from the elements. Best touring jacket money can buy. Waterproof, breathable, and high vis.

BT-2031 | Men’s and Women’s S–XXL | $235

Adventure Cycling Sun Hoodie by Vapor
Lightweight, comfortable, moisture-wicking, anti-microbial, odor-resistant, cooling, multi-use, multi-season, quick-drying, durable, and UPF 50+ UV sun protection — are you convinced yet? No matter what tour you have planned, this is the sun-protecting hoodie for you! Stay sun protected and cool in all temps. Arctic Blue

UNISEX XS–XXL | $40
Small | LW-87-1 Medium | LW-87-2 Large | LW-87-3 XLarge | LW-87-4 XXLarge | LW-87-5
Tours by Region

When searching for your next bicycle adventure, we thought you would also like to see the tours presented by region. The map shows the color-coded regions and tour departure cities. We also list the tours by type on pages 44 and 45.

**Pacific**
- Lake Tahoe | Inn to Inn | Pg 20
- Intro to Road Touring - Oregon | Educational | Pg 25
- Olympic Discovery Trail | Van Supported | Pg 27
- Crater Lake | Inn to Inn | Pg 27
- Washington’s San Juan Islands | Inn to Inn | Pg 30
- Pacific Coast North | Self Contained | Pg 30
- Pacific Coast Central | Self Contained | Pg 36
- Pacific Coast South | Self Contained | Pg 36

**Southwest**
- Death Valley | Van Supported | Pg 11, 37
- Patagonia AZ Gravel | Van Supported | Pg 10, 38
- Leadership Training - Arizona | Educational | Pg 11
- Big Bend | Van Supported | Pg 12, 37
- Texas Hill Country | Fully Supported | Pg 13
- Utah Parks | Inn to Inn | Pg 18
- Grand Canyon | Van Supported | Pg 30
- New Mexico Enchanted Lands - South | Van Supported | Pg 35
- Utah’s Backcountry Monuments | Van Supported | Pg 35

**Rocky Mountain**
- NEW Cycle Montana - Big Sky Country | Fully Supported | Pg 21
- Great Parks North | Self Contained | Pg 21
- Selkirk Splendor | Self Contained | Pg 22
- Great Divide Canada | Self | Contained | Pg 22
- Cycle the Divide - Montana | Fully Supported | Pg 22
- Glacier-Waterton | Inn to Inn | Pg 23
- Idaho Trails Family Adventure | Family Adventure | Pg 23
- Great Divide Montana | Self Contained | Pg 23
- Idaho Trails | Self Contained | Pg 23
- Great Divide Wind River | Van Supported | Pg 26
- Intro to Gravel Touring & Bikepacking - Montana | Educational | Pg 27
- Great Divide Colorado Alpine | Van Supported | Pg 28
- Idaho Trails | Inn to Inn | Pg 29

**Plains**
- Black Hills | Inn to Inn | Pg 15
- Black Hills - South Dakota | Fully Supported | Pg 29

**Midwest**
- Great Lakes | Inn to Inn | Pg 16
- NEW Ohio to Erie Trail | Inn to Inn | Pg 18, 34
- Intro to Road Touring - Wisconsin | Educational | Pg 18
- Katy Trail | Inn to Inn | Pg 20, 32
- Great Lakes Relaxed | Fully Supported | Pg 31

**Southeast**
- Florida Keys | Van Supported | Pg 10
- Natchez Trace | Van Supported | Pg 12
- NEW Intro to Road Touring - Florida | Educational | Pg 12
- Blue Ridge Bliss - Virginia | Fully Supported | Pg 15
- Southern Natchez Trace | Fully Supported | Pg 36
- Florida Keys | Self Contained | Pg 38

**Mid Atlantic**
- TransVirginia Gravel | Van Supported | Pg 13
- Intro to Road Touring - Virginia | Educational | Pg 14
- Great Allegheny Passage | Van Supported | Pg 14
- C&O Canal/GAP Spring | Self Contained | Pg 15
- Grand Canyon of Pennsylvania | Self Contained | Pg 26
- Allegheny Mountains Gravel Loop | Van Supported | Pg 29
- DC to Gettysburg: Civil War History | Van Supported | Pg 31
- C&O Canal/GAP | Fully Supported | Pg 32
Northeast
- Acadia and Mt. Desert Island | Inn to Inn | Pg 16, 34
- New England Mountains and Coast | Van Supported | Pg 19
- Maine Coast and Lighthouses | Van Supported | Pg 21
- Vermont’s Green Mountains | Inn to Inn | Pg 26
- Vermont’s Lake Champlain & Green Mountains
  Fully Supported | Pg 28
- NEW Maine Coast | Inn to Inn | Pg 28
- Cape Cod & the Islands | Self Contained | Pg 32
- Vermont | Inn to Inn | Pg 34

Canada
- Eastern Canada Adventure | Self Contained | Pg 20

Other
- Hawaii 3 Island | Inn to Inn | Pg 10
- Denali Adventure | Self Contained | Pg 19
- Hawaii Big Island | Self Contained | Pg 37
Inn to Inn

- **Leadership Training - Arizona**: 2/27 - 3/2 | $799 | 4 Days | AZ | Pg 11
- **NEW Intro to Road Touring - Florida**: 4/8 - 4/13 | $999 | 6 Days | FL | Pg 12
- **Intro to Road Touring - Virginia**: 5/13 - 5/18 | $999 | 6 Days | VA | Pg 14
- **Intro to Road Touring - Wisconsin**: 6/11 - 6/16 | $1,199 | 6 Days | WI | Pg 18
- **Intro to Road Touring - Oregon**: 7/16 - 7/21 | $999 | 6 Days | OR | Pg 25
- **Intro to Gravel Touring & Bikepacking - Montana**: 7/30 - 8/4 | $1,499 | 6 Days | MT | Pg 27
- **NEW Maine Coast**: 8/27 - 9/2 | $2,799 | 7 Days | ID | Pg 29
- **Washington’s San Juan Islands**: 9/2 - 9/9, 9/10 - 9/17 | $3,599 | 8 Days | WA | Pg 30
- **VT**: 9/18 - 9/24 | $2,599 | 7 Days | VT | Pg 34

Self Contained

- **TransAm Westward**: 5/4 - 8/4 | $6,799 | 93 Days | VA-OR | Pg 13
- **C&O Canal/GAP Spring**: 5/20 - 5/28 | $1,599 | 9 Days | DC | Pg 15
- **Alaska Great Northern Adventure**: 6/4 - 7/1 | $5,399 | 28 Days | WA-AK | Pg 18
- **RETURNING Denali Adventure**: 6/17 - 7/1 | $2,799 | 15 Days | AK | Pg 19
- **Eastern Canada Adventure**: 6/18 - 7/2 | $2,699 | 15 Days | QC | Pg 20
- **Great Parks North**: 7/5 - 7/26 | $3,399 | 22 Days | MT | Pg 21
- **Selkirk Splendor**: 7/8 - 7/18 | $1,899 | 11 Days | ID | Pg 22
- **Great Divide Canada**: 7/8 - 7/18, 7/24 - 8/1 | $1,999 | 11 Days | MT | Pg 22
- **Great Divide Montana**: 7/15 - 7/25 | $1,999 | 11 Days | MT | Pg 23
- **Grand Canyon of Pennsylvania**: 7/22 - 7/25, 7/27 - 7/30 | $999 | 4 Days | PA | Pg 26
- **Pacific Coast North**: 9/7 - 9/21 | $2,299 | 15 Days | WA-OR | Pg 30
- **Cape Cod & The Islands**: 9/9 - 9/16 | $1,699 | 8 Days | MA | Pg 32
- **Pacific Coast Central**: 9/10 - 9/22 | $1,999 | 15 Days | OR-CA | Pg 36
- **Pacific Coast South**: 10/8 - 10/21 | $1,999 | 15 Days | CA-CA | Pg 36
- **Hawaii Big Island**: 10/15 - 10/26 | $2,799 | 12 Days | HI | Pg 37
- **Florida Keys**: 10/28 - 11/6 | $2,249 | 10 Days | FL | Pg 38

Van Supported

- **Florida Keys**: 1/14 - 1/23, 1/28 - 2/6 | $2,749 | 10 Days | FL | Pg 10
- **Death Valley**: 2/25 - 3/4 | 3/5 - 3/12, 10/28 - 11/4, 11/5 - 11/12 | $1,899 | 8 Days | NV | Pg 11, 37
- **Southern Tier**: 1/3 - 5/2, 9/23 - 11/20 | $7,999 | 59 Days | CA-FL | Pg 11, 35
- **Natchez Trace**: 3/31 - 4/8, 4/9 - 4/17 | $1,999 | 9 Days | TN | Pg 12
- **Big Bend**: 4/1 - 4/10, 4/8 - 4/17, 10/22 - 10/31 | $2,399 | 10 Days | TX | Pg 12, 37
- **TransVirginia Gravel**: 5/6 - 5/12 | $1,699 | 7 Days | VA | Pg 13
- **TransAm Express**: 5/12 - 7/25 | $8,799 | 75 Days | DC-OR | Pg 14
- **Great Allegheny Passage**: 5/20 - 5/23, 5/25 - 5/28 | $1,279 | 4 Days | PA | Pg 14
- **NEW England Mountains and Coast**: 6/14 - 6/23 | $2,349 | 10 Days | ME | Pg 19
**RETURNING Northern Tier** | 6/15 - 9/11 | $9,999 |
89 Days | ME-WA | Pg 19

**Maine Coast and Lighthouses** | 6/25 - 7/1 | $1,699 | 7 Days | ME | Pg 21

**Epic Great Divide** | 7/16 - 9/18 | $7,899 | 65 Days | MT-TX | Pg 25

**Great Divide Wind River** | 7/29 - 8/8 | $2,299 | 11 Days | WY | Pg 26

**Olympic Discovery Trail** | 7/29 - 8/1, 8/3 - 8/6, 8/12 - 8/15, 8/17 - 8/20 | $1,399 | 4 Days | Location: WA | Pg 27

**RETURNING** | 6/15 - 9/11 | $9,999 |
89 Days | ME-WA | Pg 19

**Maine Coast and Lighthouses** | 6/25 - 7/1 | $1,699 | 7 Days | ME | Pg 21

**Epic Great Divide** | 7/16 - 9/18 | $7,899 | 65 Days | MT-TX | Pg 25

**Great Divide Wind River** | 7/29 - 8/8 | $2,299 | 11 Days | WY | Pg 26

**Olympic Discovery Trail** | 7/29 - 8/1, 8/3 - 8/6, 8/12 - 8/15, 8/17 - 8/20 | $1,399 | 4 Days | Location: WA | Pg 27

**Dirt/Gravel**

**Patagonia AZ Gravel** | 2/25 - 2/28, 3/2 - 3/5, 11/10 - 11/13, 11/16 - 11/1 | $1,099 | 4 Days | AZ | Pg 10, 38

**TransVirginia Gravel** | 5/6 - 5/12 | $1,699 | 7 Days | VA | Pg 13

**Great Allegheny Passage** | 5/20 - 5/23, 5/25 - 5/28 | $1,279 | 4 Days | PA | Pg 14

**C&O Canal/GAP Spring** | 5/20 - 5/28 | $1,599 | 9 Days | DC | Pg 32, 15

**Katy Trail** | 6/18 - 6/25, 9/10 - 9/17 | $2,699 | 8 Days | MO | Pg 20, 32

**Great Divide Canada** | 7/8 - 7/18, 7/11 - 7/21 | $1,999 | 11 Days | MT | Pg 22

**Cycle the Divide - Montana** | 7/8 - 7/14 | $1,999 | 7 Days | MT | Pg 23

**Great Divide Montana** | 7/15 - 7/25 | $1,999 | 11 Days | MT | Pg 23

**Great Divide Wind River** | 7/29 - 8/8 | $2,299 | 11 Days | WY | Pg 26

**Intro to Gravel Touring & Bikepacking - Montana** | 7/30 - 8/4 | $1,499 | 6 Days | MT | Pg 27

**Great Divide Colorado Alpine** | 8/11 - 8/19, 8/20 - 8/28 | $1,999 | 8 Days | CO | Pg 28

**Allegheeny Mountains Gravel Loop** | 8/27 - 9/2 | $1,699 |
7 Days | WV | Pg 29

**Grand Canyon** | 9/3 - 9/9, 9/10 - 9/16 | $1,749 | 7 Days | UT | Pg 30

**RETURNING** | 6/15 - 9/11 | $9,999 | 89 Days | ME-WA | Pg 19

**Epic Great Divide** | 7/16 - 9/18 | $7,899 | 65 Days | MT-TX | Pg 25

**Pacific Coast** | 9/9 - 10/19 | $5,999 | 41 Days | WA-CA | Pg 35

**Utah’s Backcountry Monuments** | 9/23 - 9/30, 10/1 - 10/8 | $1,649 | 8 Days | CO | Pg 35

**Epic Tours**

**Southern Tier** | 3/5 - 5/2, 9/23 - 11/20 | $7,799 | 59 Days | CA-FL | Pg 11, 35

**TransAm Westward** | 5/4 - 5/12 | $6,799 | 93 Days | VA-OR | Pg 13

**TransAm Express** | 5/12 - 7/25 | $8,799 | 75 Days | DC-OR | Pg 14

**Northern Tier** | 6/15 - 9/11 | $9,999 | 89 Days | ME-WA | Pg 19

**Epic Great Divide** | 7/16 - 9/18 | $7,899 | 65 Days | MT-TX | Pg 25

**Pacific Coast** | 9/9 - 10/19 | $5,999 | 41 Days | WA-CA | Pg 31

**Long Weekend**

**Patagonia AZ Gravel** | 2/25 - 2/28, 3/2 - 3/5, 11/10 - 11/13, 11/16 - 11/1 | $1,099 | 4 Days | AZ | Pg 310, 8

**Great Allegheny Passage** | 5/20 - 5/23, 5/25 - 5/28 | $1,279 | 4 Days | PA | Pg 14

**Acadia and Mt. Desert Island** | 6/3 - 6/6, 6/8 - 6/11, 9/16 - 9/19, 9/21 - 9/24 | $1,599 | 4 Days | ME | Pg 16, 34

**Lake Tahoe** | 6/17 - 6/20, 6/22 - 6/25 | $1,879 | 4 Days | CA | Pg 20

**Grand Canyon of Pennsylvania** | 7/22 - 7/25, 7/27 - 7/30 | $999 | 4 Days | PA | Pg 26

**Grand Canyon of Pennsylvania** | 7/22 - 7/25, 7/27 - 7/30 | $999 | 4 Days | PA | Pg 26

**Great Allegheny Passage** | 5/20 - 5/23, 5/25 - 5/28 | $1,279 | 4 Days | PA | Pg 14

**C&O Canal/GAP** | 9/16 - 9/23 | $2,399 | 8 Days | VA | Pg 32

**Utah’s Backcountry Monuments** | 9/23 - 9/30, 10/1 - 10/8 | $1,649 | 8 Days | CO | Pg 35
Online Tour Planning Resources
While planning your Adventure Cycling tour, be sure to take advantage of our many online tour planning resources:

• Tours Selector: Custom search our tours based on your criteria.
• Equipment: We offer recommendations on which bike is right for your selected tour.
• FAQ: Questions about our tours? We have answers.
• Before You Go Booklet: Choose your tour support level and view/download our comprehensive booklet covering the entire tour process.

Signing Up for a Tour
The best way to sign up for a tour is via our website, adventurecycling.org/tours. Simply find the tour and dates you want and click the “sign up now” button on the specific tour page. If you prefer to register by mail or fax, you can find our paper application on our website, or contact us to receive a copy. You will receive confirmation and preparatory materials, including a Before You Go booklet that contains a packing list and training tips. About 60 days prior to your trip, you will receive a Tour Information Packet with specific details about your starting location, bike shop recommendations, travel tips, and much more.

CANCELLATION AND TRANSFER POLICY
A deposit is required to complete your registration for a tour. No deposit is required to sign up for a waitlist. If you must cancel your trip reservation for any reason, it is your responsibility to notify Adventure Cycling Association immediately through your My Adventure Cycling Account, in writing via email to tours@adventurecycling.org or via U.S. mail. Sorry, but we cannot accept cancellations or transfer requests via the phone. Please visit adventurecycling.org/guided-tours/cancellations-and-transfers for our full policy and any changes to the policy stated here.

Payment schedule
A deposit is due upon your tour registration. Final tour payment is due 90 days prior to tour departure.

Late payments
If full tour payment has not been received 65 days before the tour departure, and we have not heard from you via phone or email about your full tour payment, your spot on the tour will be canceled and all funds previously paid will be forfeited.

Participant cancellation/transfers
Should you choose to cancel or transfer your tour registration:

• 90 or more days before trip start: Deposit and additional services fees is non-refundable; transfers allowed, less $100 administrative fee per transfer.
• 89–60 days before trip start: Total funds paid are non-refundable; transfers allowed, less $100 administrative fee per transfer.
• 59–30 days before trip start: Total funds paid are non-refundable; transfers allowed, less administrative fee of 25% of tour cost per transfer.
• Less than 30 days before trip start: Total funds paid are non-transferrable and non-refundable.

Transferred funds expire one calendar year after the original tour’s start date. For example, if your tour was scheduled to start in 2023, your funds need to be used on a tour that departs prior to December 31, 2024. If you decide to transfer your registration, but at the time do not know which tour you’d like to transfer the funds to, we can hold your funds as a Tour Credit on your account to be applied at a later date.

Tour cancellation by Adventure Cycling
Adventure Cycling reserves the right to cancel and combine trips, and will make the determination if a tour will run between 60 and 45 days prior to tour departure. We may cancel a tour at any time due, but not limited to, low signups, health and safety concerns, travel restrictions, or natural disaster. Should Adventure Cycling cancel your scheduled departure, you can:

• Transfer or defer 100% of your tour fees to another tour in the same or next calendar year — a $200 tour coupon* will be available if you are paid in full.
• Receive a full refund of your tour fees to your original payment for the cancelled tour.*

*Tour coupon is not the same as cash, and can only be applied to a future Adventure Cycling tour. Tour coupon is non-refundable and non-transferable, and expires at the same time as your deferred Tour Credit.

If a participant leaves a trip for any reason after the trip start date
• Food, services, or overnight lodging for which a participant paid but did not use
• Dissatisfaction with the weather or road conditions
• If Adventure Cycling cancels the trip after it departs for any reason including health and safety concerns, natural disaster, or other uncontrollable circumstances

In order to maintain reasonable tour prices and to support the health of the organization, Adventure Cycling Association cannot make exceptions to this cancellation and transfer policy. We strongly advise travel insurance (to cover any risk of your inability to attend the tour).

IMPORTANT NOTE: Avoid purchasing non-refundable travel reservations before receiving confirmation through Adventure Cycling Association that your tour departure is a go. Adventure Cycling Association is not responsible for any travel costs or cancellation fees related to your getting to/from the start/end points of the tour.

The health and safety of all Adventure Cycling members, tour participants, and community members where we travel is of the utmost importance to the staff and leadership of Adventure Cycling.

SUPPORTING INFORMATION
A deposit is due upon your tour registration. Final tour payment is due 90 days prior to tour departure.

Late payments
If full tour payment has not been received 65 days before the tour departure, and we have not heard from you via phone or email about your full tour payment, your spot on the tour will be canceled and all funds previously paid will be forfeited.

Participant cancellation/transfers
Should you choose to cancel or transfer your tour registration:

• 90 or more days before trip start: Deposit and additional services fees is non-refundable; transfers allowed, less $100 administrative fee per transfer.
• 89–60 days before trip start: Total funds paid are non-refundable; transfers allowed, less $100 administrative fee per transfer.
• 59–30 days before trip start: Total funds paid are non-refundable; transfers allowed, less administrative fee of 25% of tour cost per transfer.
• Less than 30 days before trip start: Total funds paid are non-transferrable and non-refundable.

Transferred funds expire one calendar year after the original tour’s start date. For example, if your tour was scheduled to start in 2023, your funds need to be used on a tour that departs prior to December 31, 2024. If you decide to transfer your registration, but at the time do not know which tour you’d like to transfer the funds to, we can hold your funds as a Tour Credit on your account to be applied at a later date.

Tour cancellation by Adventure Cycling
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• Transfer or defer 100% of your tour fees to another tour in the same or next calendar year — a $200 tour coupon* will be available if you are paid in full.
• Receive a full refund of your tour fees to your original payment for the cancelled tour.*

If you would like, we can turn any part of your refund into a tax-deductible contribution to support the work of Adventure Cycling.

DISCLAIMERS
The number of participants on a tour may be adjusted in response to demand and facility availability. Adventure Cycling Association is an equal opportunity recreation provider that operates under special use permits with the United States Forest Service, National Park Service, Bureau of Land Management, and Department of Transportation. Adventure Cycling Association is working cooperatively with these agencies to secure the appropriate permits. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. (Not all prohibited bases apply to all programs.) To file a complaint of discrimination write: USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue SW, Washington, DC 20250-9410, or call 202.720.5964 (voice or TDD). USDA is an equal opportunity provider and employer.
2023 Tours Incentives

In an effort to further Adventure Cycling’s mission to inspire, empower, and connect people to travel by bicycle, we would like to offer you a few incentives to tour with us this year!*

**Learn and Earn — Save $100**
If you take an Introduction to Road Touring or Introduction to Gravel Touring & Bikepacking course in 2023, you will receive a $100 credit toward an additional tour in 2023 or 2024. Just add the code LEARN23 to the notes field of your additional tour registration.

**Bring a Friend — Save $100**
If you’ve toured with Adventure Cycling in the past, bring a friend on your Adventure Cycling tour who has not traveled with us and you’ll receive a $100 credit toward the cost of your tour for each person that you bring. Enjoy the savings for yourself or share it with your friends!**

**Group Discounts — Save $250**
Do you have a group of friends or are part of a bike club that love to ride together? If so, round everyone up and join one of our Fully Supported tours**! We’re offering $250 off the tour fee for each person in a group of five or more.

Create a group name, then you and your friends register for the same tour and have everyone put the group name in for the Group Code on the registration form. We’ll take care of the rest. The discount will be applied to each group member’s account as a refund on their credit card or via check, 20-30 days before the tour departure date.

*Tour incentives are limited to one incentive type per Adventure Cycling member per tour.
**Not applicable on Family Adventure tours.
Adventure Cycling’s
Long Weekend Tours

An adventure of a lifetime doesn’t always have to last for weeks. Sometimes getting away for a few days is all you need to recharge your engine. If you’re new to bicycle travel, a long-weekend getaway can help you test the waters and fine-tune your travel style for future excursions. No matter what you’re looking for, Adventure Cycling can lead you there.

Our members love our Long Weekend tours! These four-day adventures will get you out experiencing the joy that bicycle travel brings. Join us on one of our great itineraries that will get you ready for more.

Adventure Cycling Long Weekend Tours are offered in three support levels — inn-to-inn, van-supported, and self-contained — providing you with the perfect opportunity to get out and ride in any style you want!

Visit adventurecycling.org/longweekend for more information.