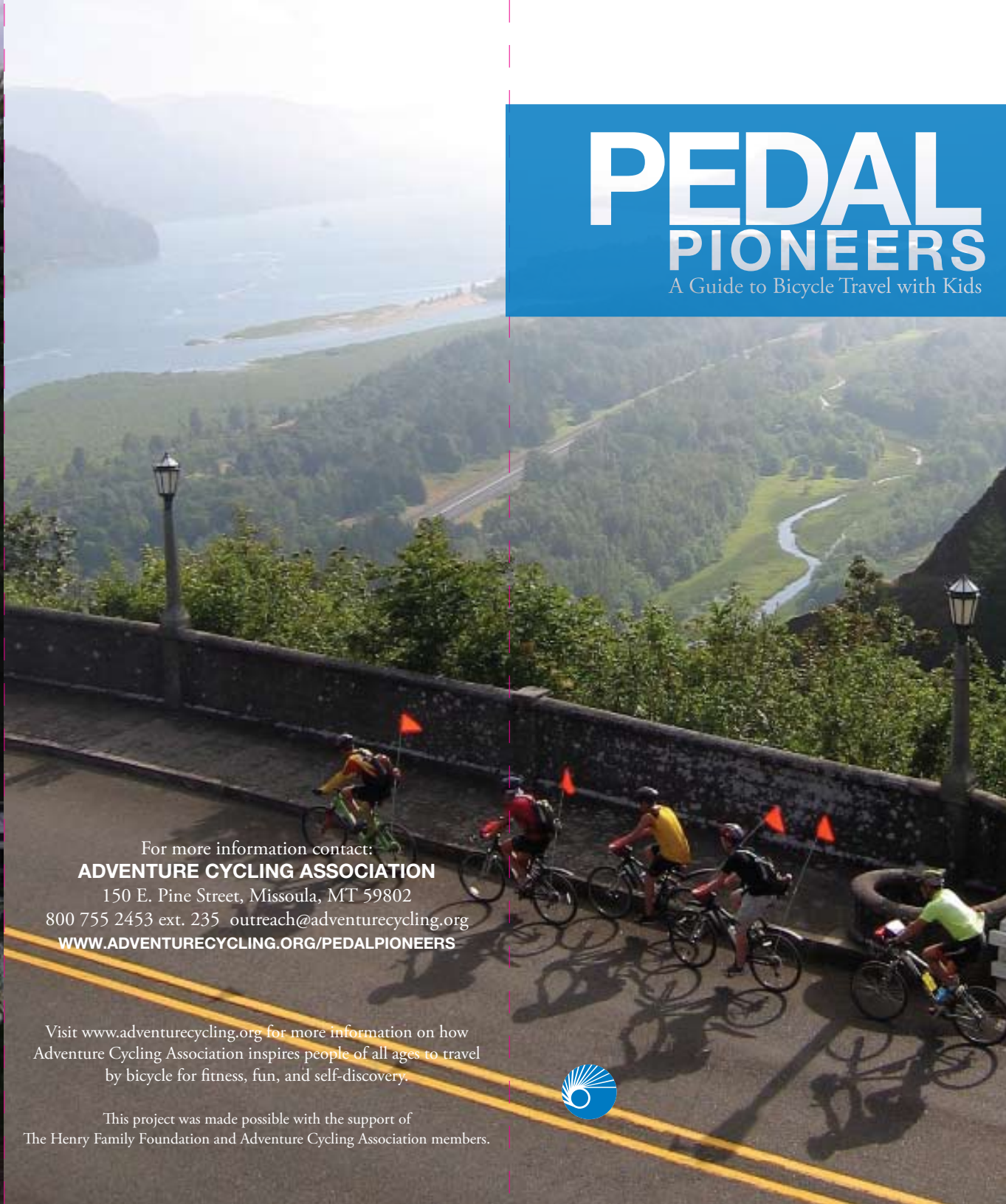


TIME...OVERNIGHT AND ON A BIKE.



# PEDAL PIONEERS

A Guide to Bicycle Travel with Kids

GIVE KIDS THE EXPERIENCE OF A LIFE



For more information contact:  
**ADVENTURE CYCLING ASSOCIATION**

150 E. Pine Street, Missoula, MT 59802  
800 755 2453 ext. 235 outreach@adventurecycling.org  
[WWW.ADVENTURECYCLING.ORG/PEDALPIONEERS](http://WWW.ADVENTURECYCLING.ORG/PEDALPIONEERS)

Visit [www.adventurecycling.org](http://www.adventurecycling.org) for more information on how Adventure Cycling Association inspires people of all ages to travel by bicycle for fitness, fun, and self-discovery.

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# PEDAL PIONEERS:

A GUIDE TO BICYCLE TRAVEL WITH KIDS



**ARE YOU LOOKING FOR A WAY TO GET KIDS ACTIVE AND ENGAGED?**

**DO YOU WANT THE TOOLS TO GIVE KIDS THE EXPERIENCE OF A LIFETIME?**

**WELL, HERE IT IS! ALL IN ONE PACKAGE.**

Pedal Pioneers is a guide designed to help teachers, youth-group leaders, and passionate individuals organize their own group bicycling adventures for kids who can ride their own bicycles.

Pedal Pioneers will guide you through each stage of organizing a multi-day bicycle adventure by sharing practical advice, tips by experienced leaders, and helpful resources to answer virtually any question you may have to plan your own adventure for kids.

The beauty of overnight bicycle travel is that it combines physical and mental challenges, hones social skills, exposes kids to different places, and helps them gain a sense of confidence.

## SOME OF WHAT YOU WILL FIND

- The nuts and bolts of bicycles, equipment, food, and overnight options.
- How to get your trip off the ground, including recruitment strategies, choosing a route, and sorting out insurance and liability.
- Techniques and exercises encouraging positive group dynamics and successful leadership.

## WHAT PEOPLE ARE SAYING

*“This one-stop resource would be all you’d need to get kids involved with the lifetime activity of bicycle travel. It’s loaded with the nitty-gritties needed to lead kids onto a life-altering path.”*

- Ed Rockland, Teacher, Palmyra, PA

*“Pedal Pioneers enables families to extend their active lifestyles to their vacations, and youth group leaders to integrate experiential learning into their curriculum and activities. All this, while introducing children to the fun of cycling!”*

- Rich Bell, Project Officer, Active Living by Design, Chapel Hill, NC

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